

16/07/2020

Dear parents and carers

## September Opening Plans

As you know, we have been focusing for some time on how to ensure that our school can safely open to all pupils in September – something we are all looking forward to. We have reviewed the recently released government guidance for schools and we are in a position to update you on our plans.

We are absolutely delighted the government has said all pupils can come back. We have learnt a lot in lockdown about how to deliver virtual education, and you and our staff have been outstanding, but children need the routine of normal school life and they also need to see their friends and teachers. It is vital that we get pupils back to school in September, and the government has made attendance compulsory.

There are some significant changes to normal school life which I outline below but every child will have access to full time education and the full school curriculum.

Here are the five main ways in which we will be establishing a safe return to school for all children:

1. It is the government advice that all children should walk or cycle to school if it is at all possible. If this is not possible then they could travel by car. If none of these options is possible then students might have to take public transport. In this case they will be expected to wear a face mask which they will need to remove when they arrive in school.
2. School will start at different times for our year groups. It is important for students to arrive promptly in their allocated arrival window. They will be using three separate entrances to the building. Once pupils are in school, they will be required to wash or sanitise their hands every time they move rooms.
3. Students will be part of a year group bubble. Bubbles will not come into prolonged, close contact with each other, which will help keep the school safe. As a result of this, we have had to move to year group tutor groups, as well as year group pastoral teams. Consequently your child will have a new form tutor and a Head of Year in September. The Heads of Year are:

Year 7 – Miss Ford and Miss Crew

Year 8 – Mrs Allen and Mr Clarkson

Year 9 – Mr Sillitoe and Miss Hollow

Year 10 – Mr Titterington and Mrs Archibald

Year 11 – Mr Church and Miss Donaldson

**Principal: Kate Willis**



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4. There will be less movement within the building. This means students will have more double periods. Where students do have to move round the building, they will need to follow the one-way system and staff will support them to transition between lessons without mixing bubbles.

5. There will be three separate break times and three separate lunchtimes to help reduce contact between students. This will mean that each bubble will have a break at the same time, but we are dividing our canteen and outside space into zones so that mixing between bubbles is greatly reduced. However we are committed to ensuring that the full range of food is available to all students irrespective of their social zone.

To explain these changes to children and implement our plans effectively, **we will not open to all year groups at once in September**. Instead we will re-open gradually with all children being back in full time education by Monday 7<sup>th</sup> September. Details regarding when the academy will re-open for your child are enclosed overleaf.

Some things to note from a practical perspective:

- Staff will not be able to loan stationery to students, so please do ensure your child is equipped with a pen, pencil, ruler, glue, calculator and maths set.
- Students need to bring *wired* headphones for their music lessons.
- Students need to bring a water bottle, as we are likely to have to remove the water fountains and students can only fill their bottles in the bathrooms.
- Visitors will not be allowed on site without an appointment.
- You no longer need to buy food for your child to bring in to their Food Technology lessons; instead, we will buy the food and ask you to pay for it online.

There are a number of useful documents attached to this letter:

- The updated uniform guidance
- The canteen has moved to online only payments – instructions are included
- Specific guidance for BAME families to allay any concerns you have about attending school in September
- Advice if you are planning on going on holiday this summer.

We recognise that there will be learning gaps to be addressed when the pupils return, and have planned a 'recovery' curriculum for the autumn term so critical concepts and content will be taught.

We will also ensure there is time devoted to the emotional wellbeing of pupils, allowing them to tell their 'story' of lockdown. We are also investing in training for our pastoral staff in Mental Health, so we can be responsive to the needs of all the children when they return to school.

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Obviously if your son or daughter, or somebody else in your household, has coronavirus symptoms they should stay at home until tested. Likewise, the government guidance says that if there is a confirmed case at school, then we should work with the relevant health authorities to ensure that everyone who was in close contact with them when they were infectious is notified and self-isolates.

The summer term has been long and tiring for families and staff, but it has also been inspiring and uplifting. The whole community has pulled together to ensure pupils feel safe and supported, and we have shown just how much can be achieved in the most difficult and challenging of circumstances. No matter what your experience of lockdown, parents and carers have been terrific: on behalf of all staff, we want to thank you for everything you have done to support your children's success over this period, and to support our school.

Yours faithfully

Kate Willis  
Principal  
John Cabot Academy

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## Plans for the first week back

A 'grab bag' lunch is available to free school meal students on the day they attend.  
 Please arrive at your designated entrance.

Date	Y7	Y8	Y9	Y10	Y11	Post 16
Tues 1st Sept	INSET DAY					
Wed 2nd Sept	INSET DAY					Yr 12 Induction
Thurs 3rd Sept	13:00-15:00 (Y7 Vulnerable Student Transition)	8:40-10:20 (Return to School Induction)	10:40-12:20 (Return to School Induction)	13:00-14:40 (Return to School Induction)		Yr 13 Induction
Fri 4th Sept	8:40 - 12:20 (Return to School Induction / Break / Lessons (Period 3&4))				13:00-14:40 (Return to School Induction)	
Mon 7th Sept	All Day - Lessons	All Day - Lessons	All Day - Lessons	All Day - Lessons	All Day - Lessons	

## The new school day, arrival windows, staggered breaks and lunches, different entrances and exits

	7	8	9	10	11	
<b>Arrival Window</b>	8:40 - 8:50	8:40 - 8:50	8:40 - 8:50	8:20 - 8:35	8:20 - 8:35	
<b>Entry/Exit</b>	Sports Hall	Canteen	Cabot Close - A-B Wing Gate	Cabot Close - Car Park	Sports Hall	
<b>Social Time Location</b>	A-B Wing	Canteen/Foyer/Hardcourt	A-B Wing	Canteen/Foyer/Hardcourt	A-B Wing	
<b>Toilets</b>	C wing ground floor	A wing ground floor	B wing ground floor	Canteen	Street	
<b>Period 1</b>	8:50 - 9:30	8:50 - 9:30	8:50 - 9:30	8:40 - 9:30	8:40 - 9:30	
<b>Period 2</b>	9:30 - 10:40	9:30 - 10:40	9:30 - 10:40	9:30 - 10:40	9:30 - 10:40	
<b>Break</b>	9:30 - 9:50	10:20 - 10:40	9:55 - 10:15	9:30 - 9:50	10:20 - 10:40	
<b>Period 3</b>	10:40 - 11:30	10:40 - 11:30	10:40 - 11:30	10:40 - 11:30	10:40 - 11:30	
<b>Period 4</b>	11:30 - 12:10	11:30 - 12:10	11:30 - 12:10	11:30 - 12:10	11:30 - 12:10	
<b>Period 5</b>	12:10 - 13:40	12:10 - 13:40	12:10 - 13:40	12:10 - 13:40	12:10 - 13:40	
<b>Lunch</b>	12:10 - 12:40	13:10 - 13:40	12:40 - 13:10	12:10 - 12:40	13:10 - 13:40	
<b>Period 6</b>	13:40 - 14:30	13:40 - 14:30	13:40 - 14:30	13:40 - 14:30	13:40 - 14:30	
<b>Tutor</b>	14:30 - 15:00	14:30 - 15:00	14:30 - 15:00	14:30 - 14:50	14:30 - 14:50	
<b>Leave</b>		15:00	15:00	15:00	14:50	14:50

## Update to Canteen Payment Methods

We are pleased to be able to inform you that we are introducing the ability to pay for school lunches via SCOPAY, a secure method of paying online for purchases from the Academy that we already use for trips and events. This will mean that students will no longer need to bring cash and cheques into the Academy.

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This online payment method will be used for purchases from Sodexo, our school meal provider, going forward as well as for all trips and events once we are able to reinstate these activities when the current restrictions are lifted.

By introducing the ability to make all payments online we aim to improve student safety and reduce the worry for parent/carers of having cash readily available. SCOPAY have also introduced a mobile app which will allow you to top up your child's account anywhere, anytime using a credit or debit card.

If you already have a SCOPAY account, that you have used previously to make payments for trips and events, you will be able to use your existing account to make payments for school lunches when the new package goes live.

If you haven't already signed up for a SCOPAY account, we will be sending instructions to you very soon on how to register as we plan to introduce SCOPAY for all payments from the start of Term 1 of the new academic year.

If you think you may have difficulties in being able to access SCOPAY, please contact the Academy to discuss this further.

We hope that you will agree that this change of method for making payments will be of help to parents/carers, students and the Academy.

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## John Cabot Academy Uniform Guidance

### Trutex Direct

Our school uniform brochure is provided by Trutex, who are the school's supplier and have committed to stocking our school uniform throughout the year.

### School Uniform Information

The inside of the brochure details our schools uniform policy, price of uniform and sizes that are available. In addition, it details non-school specific items, which are also available to purchase through Trutex Direct.

### Ordering Process

We know that many parents prefer to order online – this service is available from Trutex Direct. Log onto [www.trutexdirect.com](http://www.trutexdirect.com) and register using the Academy's LEA code: LEA00918CH. This will take you to John Cabot Academy's uniform page, where you can see all items of our school uniform. The site is secure and orders can be placed quickly and safely, direct with Trutex. Alternatively, you can order from Trutex Direct over the phone by calling 01200 421206.

### Delivery

School uniform is available from Trutex all year round. Postage and packaging is free on orders over £50 or from £3.50 for orders under £50. Trutex also offer a free returns service. Trutex deliver directly to your home or a specified delivery address.

Trutex will normally deliver within 7 working days. However, delivery may take longer towards the start of the school year, since this is the supplier's busiest time. Due to potential delays caused by the COVID-19 pandemic, we strongly recommend that you place your order for the new school year **as soon as possible**, and no later than the end of the academic year, in order to ensure delivery before the start of the new school year. Trutex is looking to extend exchange periods, so that parents can purchase in confidence without the worry of size changes over the Summer.

### Ties

Please note that the school also has its own stock of ties, which are available for £6 from the John Cabot Academy Finance Office. This may help you to save money on postage and packaging.

We hope that you will find the service both easy to use and convenient.

Uniform guidance can be found over the page.

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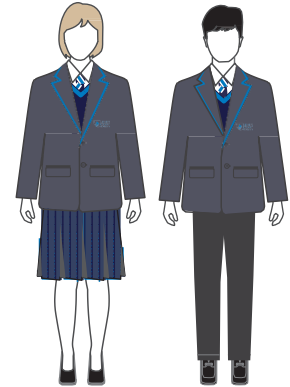


## John Cabot Academy Uniform

### Compulsory Items

Items marked \* are only available through our uniform supplier, Trutex. Other items can be purchased elsewhere as long as they meet school expectations.

<b>Tie*</b>	JCA clip-on tie.
<b>Trousers</b>	Formal black trousers with a crease. <i>(Jeans/other fashion styles are not permitted.)</i>
<b>Shirt</b>	White, long or short sleeve, buttoning to the neck. To be worn with a tie.
<b>Skirt*</b>	Blue, tartan skirt. Can be worn instead of trousers. Only available through Trutex.
<b>Tights</b>	Black, grey or neutral.
<b>Socks</b>	White, black, dark blue or grey.
<b>School Shoes</b>	Black, substantial <i>(No trainers, daps or boots)</i> . See guidance below on acceptable styles of shoe.



### Optional Items

**\*Please note that you have the option of wearing either the Blazer or Jumper. You must wear one of these items.**

<b>Blazer*</b>	Grey, blue piping to lapels. School badge embroidered onto pocket.
<b>Jumper*</b>	Dark blue, V-neck, with blue piping at the neck. Only to be worn under blazer.
<b>Belt</b>	Plain black with a discrete plain buckle or clasp.
<b>Hijab</b>	White, black, dark blue or grey.

### School Shoes

Shoes must be plain black and can have laces, be slip-on or have a Velcro strap, as below.  
*Trainers/pumps/plimsolls are not acceptable footwear and must not be worn to school.*



### General Uniform Instructions

- ✗ No facial, nose or tongue piercings.
- ✗ No hooded, leather or denim jackets.
- ✗ No daps, trainers or boots.
- ✗ No hair ornaments such as flowers, bows, elaborate hair bands etc. Extreme hair colours are not permitted.
- ✗ No jewellery may be worn except a watch, religious symbol or ear stud (no more than one in each ear and no hoop earrings). Facial or tongue piercings are not permitted.
- Make-up should be subtle and hardly visible.

**THE PRINCIPAL'S DECISION ON MATTERS RELATING TO UNIFORM IS FINAL.**

### John Cabot Academy PE Kit

Students will be permitted to wear their John Cabot PE kit on the days that they have PE lessons. Students will not be using the Schools PE changing rooms for the foreseeable future, therefore it is necessary for all students to wear their PE kit to school and throughout the school day when they are timetabled to take part in PE lessons. With this in mind a water proof coat is thoroughly recommended.

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### **John Cabot Academy PE Kit - Boys**

*Please note that only uniform styles specified by the school, available through our uniform stockists, are acceptable. The Principal's decision on acceptable uniform is final.*

<b>Polo-Shirt</b>	Navy blue with light blue side panels and JCA logo.
<b>Shorts</b>	Navy blue JCA PE shorts.
<b>Trainers</b>	White or black non-marking footwear (Not daps).
<b>Football Boots</b>	Substantial boots, any colour.

### **John Cabot Academy PE Kit - Girls**

*Please note that only uniform styles specified by the school, available through our uniform stockists, are acceptable. The Principal's decision on acceptable uniform is final.*

<b>Polo-Shirt</b>	Navy blue with light blue side panels and JCA logo.
<b>Shorts*</b>	Navy blue JCA PE shorts.
<b>Trainers</b>	White or black non-marking footwear (Not daps).
<b>Football Boots</b>	Substantial boots, any colour

**Optional, additional items** are also available through Trutex: Leggings, fleece layers, tracksuit bottoms, rugby shirt, sports jackets and football socks.

*\*In KS4 (years 10/11) students may wear the above or have the opportunity to wear plain white or black PE clothes.*

**Trutex Price Guide 2020/21 – School Uniform**

Order online at: [www.trutex.com](http://www.trutex.com)

Sign in with your LEA code: LEA00918CH to view and order your school items.

Prices are subject to change.

**Boys – School-specific Uniform**

Description	Sizes	Price
Graphite blazer braided & badged with John Cabot Academy logo	30, 32, 34, 36	£30.96
	38, 40, 42, 44, 46, 48, 50	£37.15

**Girls – School-specific Uniform**

Description	Sizes	Price
Graphite blazer braided & badged with John Cabot Academy logo	30, 32, 34, 36	£30.96
	38, 40, 42, 44, 46, 48, 50	£37.15
Tartan skirt	22, 24, 26	£17.11
	28, 30, 32, 34, 36, 38, 40	£20.53

**Boys & Girls – School-specific Uniform**

Description	Sizes	Price
Cotton blend v-neck jumper with stripe (optional)	9/10, XXS, XS, S	£17.92
	M, L, XL, XXL	£21.51
John Cabot Academy tie	CO16	£ 6.19
	CO19	£ 7.44

Black trousers and white shirts are also available on the Trutex website.

**Trutex Price Guide 2020/21 – Sportswear**

Order online at: [www.trutex.com](http://www.trutex.com)

Sign in with your LEA code: LEA00918CH to view and order your school items.

Prices are subject to change.

**Boys – Sportswear**

Description	Sizes	Price
AKOA polo badged with John Cabot Academy logo	9/10, XXS, XS, S M, L, XL, XXL	£14.11 £16.93
AKOA reversible top	9/10, XXS, XS, S M, L, XL, XXL	£18.45 £22.14
AKOA mid-layer badged with John Cabot Academy logo (optional)	9/10, XXS, XS, S M, L, XL, XXL	£21.72 £26.07

**Girls – Sportswear**

Description	Sizes	Price
AKOA polo badged with John Cabot Academy logo	9/10, XXS, XS, S M, L, XL, XXL	£14.11 £16.93
AKOA skort (optional)	9/10, XXS, XS, S M, L, XL, XXL	£14.83 £17.80
AKOA girls fit mid-layer badged with John Cabot Academy logo (optional)	9/10, XXS, XS, S M, L, XL, XXL	£21.72 £26.07
AKOA girls leggings (optional)	9/10, XXS, XS, S M, L, XL, XXL	£13.77 £16.53

**Boys & Girls – Sportswear**

Description	Sizes	Price
AKOA shorts	9/10, XXS, XS, S M, L, XL, XXL	£10.31 £12.38
AKOA hoody badged with John Cabot Academy logo (optional)	9/10, XXS, XS, S M, L, XL, XXL	£22.80 £28.23
AKOA pro track pant (optional)	9/10, XXS, XS, S M, L, XL, XXL	£18.01 £21.61
AKOA rain jacket badged with John Cabot Academy logo (optional) (limited availability)	9/10, XXS, XS, S M, L, XL, XXL	£27.15 £32.57
AKOA socks	S M, L	£ 5.29 £ 6.35

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## Safeguarding Information for Summer Break

Please find below a list of helpful websites, resources and contact details for support agencies that you may find helpful over the Summer break.

Parents and Carers may also wish to refer to the JCA useful contact section on our school site for more bespoke Local Authority information.

<http://cabot.ac.uk/wp-content/uploads/Useful-contact-numbers-for-parents.pdf>

**Should you have any concerns about a child outside of school you can contact your local authority response teams:**

**In South Glos– Access and Response**

**Phone: 01454 866000 - Monday to Friday 9am - 5pm. 01454 615165 - Out of hours and at weekends.**

**In Bristol– First Response**

**Phone 01179036444**

**In Bath & North East Somerset**

**Phone : 01225 396312 , 01225 396313**

**In an emergency please ring 999**

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## Other Recommended Safeguarding Resources

Thinkuknow helps parents, carers, teachers and others keep children safe from sexual abuse, offering learning activities, advice and support for children and young people aged 4-18 and their families.

While school is closed, here's what you can do to keep your child stay safe while they are learning, staying in touch with family and friends, and having fun online.

[Thinkuknowguide: Keeping your child safe online whilst off school](#)

Parent Info – Expert information for parents about building their child's resilience both online and off. Produced by NCA-CEOP and Parent Zone. This free service can be embedded on to your child's school website.

[www.parentinfo.org](http://www.parentinfo.org)

Brook – Information and advice for young people on sexual health and wellbeing, including staying safe online

. <https://www.brook.org.uk>

The Mix – Support service for young people with information and advice on sex and relationships

<https://www.themix.org.uk/>

Internet Matters – A useful tool showing how to set parental controls across a range of devices and websites. <http://www.internetmatters.org/parental-controls/interactive-guide/>

NSPCC Net Aware – Provides reviews and guidance on the most popular social networks, apps and games that children use. <https://www.net-aware.org.uk/>

Childnet – Information and advice for parents and carers on supporting people online.

<https://www.childnet.com/resources/supporting-young-people-online>

## Support for Young People in South Glos

### Something on your mind?

Call the School Health Nursing Team and have a confidential chat on:

**01454 862 441**

These phone lines will run until further notice, and will be staffed from 9am to 4pm, Monday to Friday. For health information and advice about coronavirus, please go to the [NHS 111 website](#) in the first instance.



Emotional Health  
Anxiety/Low Mood



Healthy Eating/  
Lifestyle



Anger, Family Concerns  
Domestic Abuse



Dental Health.



LGBTQA  
Relationships & Sexual Health  
Friendships/Bullying



Sleep



Continence



Physical Health



Drugs, Alcohol & Smoking

Further Support:

<https://cchp.nhs.uk/cchp/explore-cchp/school-health-nursing/bristol-south-glostershire>

<https://www.otrbristol.org.uk>



### National Online Safety

John Cabot Academy has become a member of National Online Safety. NOS is an extremely useful resource for both parents/carers and professionals. Please click on the link to sign up. Once a member you will have access to the many resources on offer, ranging from online courses, webinars on a range of topics, to guides on all the latest social media apps.

At present NOS have also enabled parents/carers to view all Lesson plans and resources should they wish to use them at this time.

Sign up to NOS via <https://nationalonlinesafety.com/enrol/john-cabot-academy>

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## Mental Health Resources

**Kooth** is a safe and recognised platform for young people to obtain mental health support and advice from qualified counsellors online.

<https://www.kooth.com>

**OTR-** mental health social movement by and for young people aged 11-25 living in Bristol and South Gloucestershire <https://www.otrbristol.org.uk/>

**Young Minds:** Resources and emotional wellbeing tips and advice for parents. Parents' Helpline (Mon-Fri 9:30 - 4pm) 0808 802 5544

<https://youngminds.org.uk/find-help/for-parents/>

**Child Bereavement:** UK Charity that supports families who have experienced the loss of a child or when a child is facing loss. [www.childbereavementuk.org](http://www.childbereavementuk.org)

**Winston's Wish** supports bereaved children, young people, their families, and the professionals who support them.

<https://www.winstonswish.org/about-us/>

**Self Harm UK:** A UK based charity that offers support. Useful facts, information, and advice to parents and young people

<https://www.selfharm.co.uk/get-information>

## Substance Misuse Support

**BDP-Bristol Drugs Project-** Whether you're using alcohol or drugs yourself, or you're being affected by someone else's use, we can provide you with free and confidential support.

<https://www.bdp.org.uk/youth>

**The Young People's Drug and Alcohol Service** is a confidential service based within South Gloucestershire. It provides support for young people, such as someone to talk to, advice and information on reducing harm and on-going sessions to explore issues that feel difficult.

<https://www.southglos.gov.uk/health-and-social-care/care-and-support-children-families/young-people/young-peoples-drug-and-alcohol-service/>

**FRANK:** Support, advice and information on any issues or questions relating to drugs and alcohol 24/365 Helpline 0300 123 6600 SMS 8211 [www.talktofrank.com](http://www.talktofrank.com)

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## CLF attendance advice for Black, Asian and Minority ethnic families

- Our CLF commitment to our Black, Asian and Minority Ethnic children, young people and their families

The Cabot Learning Federation (CLF) is committed to our legal and moral duty of care to ensure all practical steps are taken to support our Black, Asian and Minority Ethnic (BAME) children, young people and their families. This leaflet provides information that we hope will be helpful.

We are mindful of the demonstrations in Bristol and elsewhere in the UK responding to the events in the USA following the death of George Floyd, and more recently Rayshard Brooks, and the Black Lives Matter campaign. The city of Bristol has had a high profile in the news as people have protested for greater racial equality.

As a federation we are determined to make progress in achieving greater equality for every member of our BAME community. We are working with colleagues and members of our community to better understand the challenges and how to respond to the Black Lives Matter agenda with education and action, so that we can make changes that are meaningful, sustainable and supportive.

- **COVID-19**

On 2 June 2020 the Public Health England report on the disparities in the risk and outcomes of COVID-19 was published. This was commissioned by the Government and looked into the apparent higher risk of infection for some groups of people.

Whilst age and some underlying health factors present the highest risk, the report highlighted an increased impact of the virus on people from BAME backgrounds. This will no doubt be concerning for BAME children, young people and families.

If you have any concerns about your child's return to school due to the risk of COVID-19, please contact your child's Academy Principal so that we can listen to your concerns and explain the measures we are putting in place to reduce the risk in school.

- **Safety First!**

We are looking forward to welcoming all our children back to school, but safety is still our highest priority. Our CLF Health & Safety experts work closely with all our schools to ensure suitable measures are in place to make the school as safe as possible for our pupils.

The school Risk Assessments remain live and under continuous review and the school sites will be inspected for compliance. We will continue to follow Public Health England and government guidance, and any guidance from the Local Authority.

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We hope this will provide some reassurance and give BAME parents and carers the confidence to support their child's return to school.

- **Returning to school in September 2020**

On 2 July 2020 the government announced that all pupils will be expected to return to school from September 2020. We understand that some pupils, parents and households may be reluctant or anxious about returning. This may include:

- pupils who have themselves been shielding previously but have been advised that this is no longer necessary;
- pupils living in households where someone is clinically vulnerable; and/or
- those concerned about the comparatively increased risk from coronavirus (COVID-19), including those from Black, Asian and Minority Ethnic (BAME) backgrounds.

- **Symptoms of COVID-19**

If a child or young person has any of the COVID-19 symptoms (fever, a new cough, loss of smell/taste) they must not come to school. If anyone in their household has any of these symptoms, the child or young person must not come to school. You can read the current advice on self-isolating here: <https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

- **Raising a concern or providing feedback**

Our schools welcome feedback from children, young people and their families. Any feedback and/or concerns raised will continually help our schools and the CLF as a federation to improve the advice and support provided.

Please contact your child's Academy Principal if you have any concerns or feedback. They will either try to resolve the matter and/or refer the matter to the CLF Executive Leadership Team.

- **Communications**

CLF schools will continue to provide up-to-date information to BAME children, young people and their parents/carers during the period of the coronavirus (COVID-19).

- **What to do if you are still worried about your children returning to school**

Please let your child's Academy Principal know if you are still worried about your child contracting COVID-19 or bringing it home to your family. We hope the Principal will be able to reassure you by explaining the safety measures the school is taking and by making any other reasonable adjustments if needed.

- **Travel and transport to school**

Government advice is that parents/carers, children and young people are encouraged to walk or cycle to school where possible and avoid using public transport at peak times.

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- **Using public transport**

The Government guidance states that from 15 June, passengers will need to wear a face covering on public transport. If using public transport for the journey to school, parents/carers and children and young people should follow the safer travel guidance for passengers: avoid travelling at peak times; maintain a 2 metre distance from others who are not in your household; ensure good hygiene by using the 'catch it, bin it, kill it' approach; avoid touching your face; wash hands thoroughly before and after travelling; wear a face covering if using public transport.

- **NSPCC advice**

Here is some NSPCC advice if your child is walking to or from school without a suitable adult:

- Make sure they know their address and your telephone number by heart, in case they get lost or have to navigate home from somewhere new.
- If they have a mobile phone, remind them to fully charge it before leaving the house, and make sure they have all your contact numbers saved.
- Talk to them about road safety. They should always look both ways before crossing the street, and never be on their phone whilst crossing a road.
- Remind them never to accept a lift from someone they don't know, or let a stranger into the house. They should never give personal information away – in real life or online.
- Remind them that if they feel unsafe or uncomfortable at any time, they can call you or a trusted adult

- **COVID-19 related racism or any other form of racism**

The CLF is committed to ensuring our BAME children, young people and their families feel as supported as possible and do not experience direct or indirect racism due to COVID-19, or any other reason.

**If your child experiences COVID-19 related racism or any other form of racism in the community or in school, please ensure** you or your child tell the Academy Principal or another member of school staff about this straight away. If the person told is not the Principal, they will immediately refer the matter to the Academy Principal. The school will work with you and your child and ensure appropriate action is taken in managing the specific concern, so that your child feels safe in school and anyone who displays racist behaviour directly or indirectly, is dealt with in the appropriate way.

- **Types of COVID-19 related racism or any other form of racism**

These racist incidents may include but are not limited to:

- Verbal comments that connect COVID-19 to race
- Other racist comments
- Physical assault
- Online racist emotional abuse
- Inciting racist behaviour

**Principal: Kate Willis**



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- Social exclusion based on racial prejudices

- **School action on any form of racism**

If your child's school becomes aware of any racist incidents that your child directly or indirectly experiences, they will treat the matter with utmost importance, provide your child with the support they need and they will inform you as soon as possible. Where appropriate, schools will liaise with other agencies, such as the police and the Local Authority, to support a co-ordinated response. Where appropriate schools will also liaise with [SARI](#) (Stand Against Racism and Inequality). Schools

will record racist incidents on the relevant school systems, to ensure a record is kept of the incident and any action taken.

- **Support for children and young people**

Organisations like Childline can provide specific support to children and young people:

<https://www.childline.org.uk/info-advice/bullying-abuse-safety/crime-law/racism-racial-bullying/>

BBC Newsround has a webpage with lots of information 'What is racism - and what can be done about it?': <https://www.bbc.co.uk/newsround/52965984>

- **Other resources for children and young people**

BBC 'Own It' app: <https://www.bbc.com/ownit/take-control/own-it-app>

Off the Record – Project Zazi: <https://www.otrbristol.org.uk/what-we-do/zazi/>

Babbasa (16-25year olds only): <https://babbasa.com/>

- **Questions and answers**

- 1. Some parents and carers from the BAME community may feel anxious about their child returning to school. Will schools provide Personal Protective Equipment (PPE) for children and young people?**

The Federation recognises that members of the BAME community may be experiencing increased anxiety related to the news and other publicly available information related to the impact of COVID-19. The Federation is following the guidance carefully with regard to PPE.

Schools will support any parents and carers who wish their child to wear their own PPE (gloves, face coverings), to supplement social distancing and hygiene arrangements, but will want to be confident that the child/young person understands how to use this safely.

If parents/carers do want their child to wear PPE in school, they should let the Academy Principal know. A risk assessment will be completed and, if needed, the Principal will seek further advice from CLF's Health and Safety team.

## **2. What if a child, young person, or member of their household has been shielding due to being clinically extremely vulnerable?**

- Shielding advice for all adults, children and young people will pause on 1 August, as long as there is a continued decline in the transmission rate of COVID-19. This means pupils who will remain on the shielded patient list can also return to school, as can those who have family members who are shielding. You can read the current advice on shielding here:  
<https://www.gov.uk/government/publications/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19/guidance-on-shielding-and-protecting-extremely-vulnerable-persons-from-covid-19>
- If the COVID-19 rate rises locally, some children, young people or family members from the local area will be advised to shield whilst rates remain high. During this time pupils in such pupils may be temporarily absent from school and remote education will be provided.
- Where a child or young person is under the care of a specialist health professional, advice may be needed before they return to school in September (usually at their next planned clinical appointment).

If families have any concerns because of their specific circumstances then they should speak with the Academy Principal.

## **3. My child is in Year 6 and is due to go to Secondary School in September 2020, but I don't know if they definitely have a Secondary School place, what should I do?**

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If you are not sure whether your child has a school place for September, please contact your child's primary school and they will be able to help you check this.

**Principal: Kate Willis**



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- **Further information on our CLF website**

You can find further information related to Covid-19 and school opening, attendance and guidance here: <https://clf.uk/covid-information-hub/> which is updated regularly.

You can find advice for parents and carers about our home learning here: <https://learn.clf.uk/hints-and-tips-for-parents/>.

- **Wellbeing resources**

Here are some BAME specific resources which children, young people and families are also encouraged to access:

**Race Equality Foundation**

<https://raceequalityfoundation.org.uk/health-care/coronavirus-information-and-resources/>

**South Asian Health Foundation**

<https://raceequalityfoundation.org.uk/health-care/coronavirus-information-and-resources/>

**Stand Against Racism and Inequality (SARI)**

<https://www.sariweb.org.uk/who-we-are/about-sari/>

**Support with coping strategies detailed in several languages**

<http://www.awp.nhs.uk/news-publications/publications/patient-information/translated/>

- **Further guidance**

**Further guidance from the Government is available here:**

<https://www.gov.uk/government/publications/closure-of-educational-settings-information-for-parents-and-carers>

**NSPCC**

<https://www.nspcc.org.uk/keeping-children-safe/coronavirus-advice-support-children-families-parents/>

**Information in English and in Other Languages**

Doctors of the World has produced translations of Coronavirus information about how to stay safe -<https://www.doctorsoftheworld.org.uk/coronavirus-information/>

**COVID-19**

NHS.UK has the latest advice and general information about COVID-19. For more information visit: <https://www.nhs.uk/conditions/coronavirus-covid-19/>

**NHS 111**

To check your symptoms, please visit: <https://111.nhs.uk/service/COVID-19/> or call 111 to speak to an operator.

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