John Cabot Academy Woodside Road, Kingswood, Bristol BS15 8BD **JCAinfo@clf.uk** | cabot.ac.uk | tw/ig: @johncabotnews | +44 (0)117 976 3000



16th March 2021

Dear Parent/Carer

<u>The Government has recently announced that</u> all secondary aged students will be given COVID-19 tests to take at home following their initial three tests in school. This testing process is **really important** as some people with COVID-19 do not have symptoms and so can spread the virus without knowing.

We understand that each child has individual needs and whilst many children will adapt to testing becoming part of their routine, others will find it more challenging. We hope that the option to take the test in the morning **or** the evening will support families to test at home.

Test kits containing three tests will be given to students at school, along with a leaflet on how to take the test and report the result. They were given a demonstration at school on how to process the test during the on-site testing and we have also recorded an instructional video to remind your child of the process YouTube Video

Frequently Asked Questions

How often should my child test at home?

Students should test **twice a week** and if testing in the morning, Mondays and Thursdays are best. If they prefer to test in the evening, Sundays and Wednesdays work well. We recommend that students leave a gap of 3-5 days between each test. The result of the test should be read after 30 minutes.

Do you have a copy of the guide in any other languages?

You can access a copy of the 'How to Guide' in other languages, using this link <u>Translated</u> guidance on how to self-test

How long are we testing at home?

We have not yet been given an end date to home testing, we will communicate this with you when we know. We will make sure your child is provided with refresher kits to ensure they do not run out. Students will need to test over the Easter Holidays to help manage the spread of Covid-19.

What happens if they test positive?

If a student tests positive using a test at home, we need you to do 3 things:

- Inform the school, so we can begin tracing any close contacts
- Isolate
- Book a confirmatory PCR test

Principal: Kate Willis











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Then let us know the outcome of the PCR Test. If it is:

- Positive: your child, family and any close contacts in school will continue to isolate
- Negative: everyone stops isolating and can continue to come to school.

Can my child home test if they did not do testing in school?

Your child can take part in home testing even if they have not taken part in the on-site testing. However, the accuracy of the test is linked to the quality of the swabbing. If, after you have watched the help video and read through the 'How to' guide book, you would like to arrange your child to be walked through the process please contact the school on icainfo@clf.uk and we will organise this for you.

How do we report our results?

Please see above for what to do it the result is a positive. The result of each test needs to be reported using the NHS Test & Trace self-report website: https://www.gov.uk/report-covid19-result. Students will also need to tell the school the result of each test by completing this very short online form JCA Covid-19 Self-Test Results Form

What happens if the result is unclear (void)? If the result of the test is unclear (void), students will need to do another one.

Thank you for your support with this process and if you have any questions or concerns, please do not hesitate to contact us jcainfo@clf.uk

Kind regards,

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Kate Willis Principal









