

[Click here to access the Student Navigator.](#) The student navigator page contains links to all the pages you will need if you are learning from home.

Contents

Key Dates.....	1
JCA Routines – Mock Exams & Moving Safely Around the Building.....	2
Year 11 Ice Skating	2
Holocaust Memorial Day 27 th January	3
Chinese and Lunar New Year at JCA.....	4
Parents and Carers of Year 10 and 11 Students.....	5
February Pride Reading Lists	6
Children’s Mental Health Week Reading List	7
Children’s Mental Health Resources and Websites.....	7

Key Dates

3 rd & 4 th February	GCSE Spanish Mock Exam
5 th February	Harry Potter Night
7 th February	Bristol Beacon Music Performance
10 th – 14 th February	Culture Week
10 th – 14 th February	Year 11 Mock Exams
14 th February	Last Day of Term
24 th February	INSET Day – School Closed to Pupils
25 th February	Start of Term 4

JCA Routines – Mock Exams & Moving Safely Around the Building

As we enter week 4 of term 3, the JCA routine of focus is on maintaining a calm and safe environment, both inside and around the school building. Your child contributing to this includes them:

- Walking around the school building in a calm and safe manner
- Following the one-way system when manoeuvring around the school building
- Walking on the left-hand side of the corridors
- Giving themselves plenty of time to reach their lessons (and being familiar with their timetable) to ensure they are on time
- Respecting both their personal space and those of others

The Year 11 mock exam period also starts this week. We expect all students to be considerate of this when manoeuvring around the school.

Nathan Richardson
Assistant Principal

Year 11 Ice Skating

On Tuesday our Year 11 students went on a PE Rewards trip to Planet Ice.

It was the first time ice skating for many of the students and they had a fantastic time and were exemplary ambassadors for our Academy.



Sarah Church
Head of PE

Holocaust Memorial Day 27th January

Staff and students learned about the significance of Holocaust Memorial Day on Monday 27th January.

The Holocaust Memorial Day Trust encourages remembrance in a world scarred by prejudice and systematic, targeted persecution. At John Cabot Academy we celebrate the diversity of the members of our community by enabling them to learn from each other, by encouraging them to respect each other's differences. Holocaust Memorial Day is an opportunity for us to come together.

2025 Holocaust Memorial Day Theme: For a Better Future

How does the message of Holocaust Memorial Day link to us?

At John Cabot Academy we want to ensure there is a sense of **belonging for everyone in our community.**

We should treat everyone with respect - this is how we can all play a role in stopping prejudice and hatred in the future.



HOLOCAUST
MEMORIAL
DAY 27/1

On 27 January we mark Holocaust Memorial Day



**Remembering all those affected by the Holocaust, Nazi
Persecution and subsequent genocides.**

Chinese and Lunar New Year at JCA

We have marked this occasion with students by sharing stories about how students and staff celebrate with their families, discussing the importance of the animal that represents the forthcoming year and other traditional activities that come with this Culture. Students helped to put some decorations up around the school to mark 'Chinese New Year' on Wednesday 29th January.

It is important to note that Lunar New Year marks the beginning of a new year based on lunar or lunisolar calendars. It is often referred to as Chinese New Year, especially in China, where it is a major cultural celebration. The festival begins on the first new moon of the lunar calendar and lasts for 15 days, culminating in the Lantern Festival. Students in Year 7 will be making lanterns to complete the decorations in the Main Street and foyer of the school.



Parents and Carers of Year 10 and 11 Students

Do you speak a second language at home?

If your child can speak and write one of the below languages, we may be able to enter them for the GCSE in that language, so they could get themselves an extra qualification!

Their speaking, writing, reading and listening don't need to be perfect. They just need to be able to speak, write and understand on a variety of topics, including family, hobbies, technology, home and town, the environment, school and future jobs.

They need to be able to refer to the past, present and future tenses.

If you would like to find out more, or to enter your child for the exam, please tell them to come and find Ms Corrigan or Ms Searle by Friday the 7th of February.

French
Spanish
Italian
Bengali
Turkish
Russian
Greek
Urdu
Gujarati
Modern Hebrew

German
Chinese (Cantonese/Mandarin)
Polish
Persian
Panjabi
Arabic
Japanese
Portuguese
Biblical Hebrew

February Pride Reading Lists



Children's Mental Health Week Reading List



Children's Mental Health Resources and Websites

Useful Contacts

- www.childline.org.uk / 0800 11111 : it's free & completely confidential 24 hours a day.
- www.fixers.org.uk : real people sharing their stories.
- www.kooth.com : advice & counselling online.
- www.lifesigns.org.uk (self injury).
- www.otrbristol.org.uk / 0808 8089120 : for counselling.
- www.themix.org.uk : for under 25s LGBTQ+. Essential support & advice.
- www.youngminds.org.uk : information, advice & support.
- Speak with your Head of Year at school, or any other member of staff.

USEFUL FREE APPS

- ♦ **CALM HARM** [help with self-harming]
- ♦ **CATCH IT** [to better understand your moods]
- ♦ **BOOSTER BUDDY** [for improving mental health]
- ♦ **PACIFCA** [anxiety and depression help]
- ♦ **CALM** [meditation and sleep]

