



[Click here to access the Student Navigator.](#) The student navigator page contains links to all the pages you will need if you are learning from home.

[Click here to access a guide to INSIGHT,](#) our student information system.

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### Key dates

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28 <sup>th</sup> January	<p>Year 9 Parents’ Evening</p> <p style="text-align: center;"><i>3:45 – 6:15pm. Booking is now OPEN via INSIGHT. See below for further information.</i></p>
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*Exams (important: see “Exams Update” below for further information)*

<b>5<sup>th</sup> February</b>	<p><b>Health and Wellbeing (Year 11) – CANCELLED – see Exams Update section for more information</b></p>
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HM Government



# ENGLAND LOCKDOWN

# STAY AT HOME

**THE NEW VARIANT OF CORONAVIRUS IS SPREADING FAST. WE ALL NEED TO PLAY OUR PART TO STOP THE SPREAD.**

▶ LEAVING HOME

You must not leave, or be outside of your home or garden, except for a very limited set of exemptions e.g. to shop for basic necessities, exercise, go to work if you cannot do so from home, or to escape risk of harm.

▶ MEETING OTHERS

You cannot leave your home to meet socially with anyone, except with your household or support bubble (if eligible to form one). Stay 2 metres apart from anyone not in your household or support bubble.

▶ EXERCISE

You may exercise on your own, with your household or support bubble, or with one person from another household (when on your own). Stay 2 metres apart from anyone not in your household or support bubble.

▶ BARS, PUBS AND RESTAURANTS

Hospitality closed aside from sales by takeaway (until 11pm), click-and-collect, drive-through or delivery. Alcohol cannot be purchased through takeaway or click-and-collect from hospitality venues.

▶ RETAIL

Essential shops can open. Non-essential retail must close and can only run click-and-collect and delivery.

▶ WORK AND BUSINESS

Everyone must work from home unless they are unable to do so.

▶ EDUCATION

Early years settings open. Primary and secondary schools and colleges move to remote provision except for vulnerable children and children of critical workers. Most university students to move to remote learning.

▶ LEISURE AND SPORTING FACILITIES

Closed, with limited exceptions.

▶ ACCOMMODATION

Closed, with limited exceptions.

▶ PERSONAL CARE

Closed.

▶ ENTERTAINMENT

Closed.

▶ OVERNIGHT STAYS

You must not stay overnight away from home. Limited exceptions apply e.g. to stay with your support bubble.

▶ WEDDINGS AND FUNERALS

Funerals of up to 30 people permitted. Weddings up to 6 people permitted in exceptional circumstances. Wakes and other linked ceremonial events of up to 6 permitted.

▶ PLACES OF WORSHIP

Places of worship can remain open and communal worship is permitted, but you must not mix with those outside your household or support bubble.

▶ TRAVELLING

You must stay at home. If you do leave home for a very limited set of exemptions, you should stay local in the village, town, or part of the city where you live where possible. Do not travel abroad unless an exemption applies.

▶ CLINICALLY EXTREMELY VULNERABLE

Shielding reintroduced across England. You should not travel to work, school, college or university and should limit the time you spend outside the home. You should only go out for medical appointments, exercise or if it is essential.

▶ CARE HOME VISITS

Visits can take place with arrangements such as substantial screens, visiting pods, or behind windows. Close-contact indoor visits are not allowed. No visits will be permitted in the event of an outbreak but end of life visits are permitted in all circumstances.

STAY HOME ▶ PROTECT THE NHS ▶ SAVE LIVES

For more information go to: [gov.uk/coronavirus](https://www.gov.uk/coronavirus)





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*Year 9 Parents' Evening – INSIGHT bookings are now live*

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JCA will hold a virtual Year 9 Parents' Evening on Thursday 28th January, 3:45 – 6:15pm. Meetings with teachers will take place via Microsoft Teams.

Bookings are now open. Please book your appointment via INSIGHT by logging in here: <https://jcainsight.clf.uk/INSIGHT/>

**[Click here to access a guide to INSIGHT.](#)** If you are having problems logging into INSIGHT, please use the "Forgot Password" link on the login page in the first instance. If you have already tried to reset your password but problems are persisting, please let us know by emailing [JCAinfo@clf.uk](mailto:JCAinfo@clf.uk).

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*Year 11 Reports Now Available on INSIGHT*

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Y11 parent reports are now available on INSIGHT. <https://jcainsight.clf.uk/insight>. If you do not know your login, please use the reset password function in the first instance.

The report contains two grades:

1. A current grade, which is their mock grades which they achieved during the November 2020 mock exam window. If they did not do a mock for the subject, a 'most likely grade' was given by their teacher.
2. A predicted grade for the end of their GCSE course as given by teaching staff in December 2020.

Since these grades have been given, the Government have announced that GCSE and Vocational exams will not be taking place this year. A consultation is about to begin, which will determine how schools will award grades this summer.

The predicted grade given in this report is not indicative of the Centre Assessed Grades your child will receive in the summer; we are sharing this with you in good faith as we know that many of our young people are applying for their next steps and this is data most centres ask for.

If you have any questions, please do not hesitate to get in touch.





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*January Exams Update – 15/01/21*

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**The government have reviewed their decision about vocational exams in February. So the Health and Social Care BTEC exam on 5th February will now not go ahead.**

There is a consultation at the moment which everyone is invited to contribute to which will determine how GCSE grades are awarded this summer. When we have certainty, we will let you know. In the meantime, the best advice for our year 11 students is to continue working hard in your lessons. There is much of our curriculum left to study this year.

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*Careers Update – 15/01/21*

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On Monday students had the opportunity to learn about what a labour market is, and how and why we use labour market information to plan our future education and careers journey and where to find this information.

On Wednesday students had the opportunity to explore the different office and site based roles in construction, but not the typical manual skilled roles.

On Friday, students had an activity to complete, using their research, ICT and English skills to explore the types of skills required for certain job roles in construction. They had an optional task of looking at the qualifications required for those roles. They were also asked to research the web and describe and explain in their own words what skills and values are. Another task set was to look at their own careers and job interests and map out the skills and qualifications they think would be required for those roles using the websites provided.

Next week, we continue to work on self-development, looking at motivations and ambitions: this will help students to build a clear picture of their talents and interests, ready to put them into their plans and setting goals. We will also explore strengths and weaknesses and how we can turn our weaknesses into positives by building on our skillsets.

We will also be exploring the STEM sector, what it is, the types of jobs roles in STEM, and the top skills required for these roles.

I will continue to upload the West of England Inspiration Event to Show my Homework for year 9-11 every weekend until half term. Should year 7 and 8 (aged under 13) want to explore this event, a parent or carer is required to register due to GDPR and children's privacy rights.





I will continue contacting year 11 to support them in their post 16 exploration; however, students of all year groups and parents/carers are welcome to contact me if you have any question about careers, education and employment.

Emma  
[careersjca@clf.uk](mailto:careersjca@clf.uk)

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*JCA Library Presents: Book of the Week – 18/01/21*

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*A Kind of Spark, by Elle McNicoll*

11-year-old Addie is horrified to find out about the part her small Scottish village once played in the 16th century witch trials. Addie, who is autistic, recognises the injustice in how those who were perceived as different were persecuted and accused of witchcraft, and she sets about campaigning for a local memorial to these forgotten women. This is a wonderful book about standing up for truth and equality, with a very likeable central character.

Follow us on twitter: [@libraryJCA](https://twitter.com/libraryJCA)





### Free School Meals - What You Need to Know

In England Free School Meals (FSM) are a statutory benefit available to school children from families who receive qualifying benefits and have completed the relevant registration process.

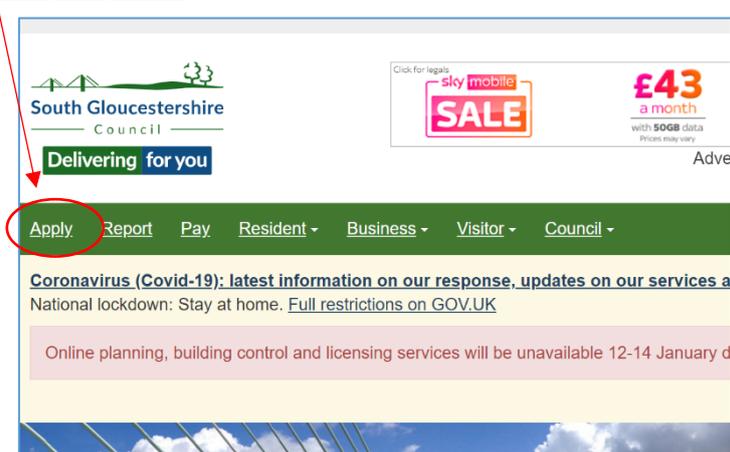
Roughly 1.3 million children in England claimed free school meals last year, which is around 15 per cent of pupils in state schools. The Food Foundation estimated that another 900,000 children newly registered for free school meals since the Covid-19 crisis hit the UK in March 2020.

As we face further challenging times ahead we wanted to encourage all of our families at JCA to check to see if they qualify and apply for Free School Meals by following the instructions below.

#### How To Apply for Free School Meals

Regardless of where you live you must apply for free school meals via the following website: [www.southglos.gov.uk](http://www.southglos.gov.uk). All applications for Free School Meals have to be applied for in this way.

1. On [www.southglos.gov.uk](http://www.southglos.gov.uk), click “Apply”.



2. From the list supplied, choose “Free School Meals”.
3. You will be taken to the Home Page for Free School Meals. If you do not already have a Citizen Portal account, you will need to click “Register” and follow the on screen instructions. If you already have a Citizen Portal account (e.g. you have applied for a school place in the past) you will need to log in by entering your Email Address and Password as





below. (If you have forgotten your password you can click “Forgotten your password?” to be sent a new password.

4. Once logged in, click on “Free School Meals”.
5. Scroll down the page to “Apply for free school meals” and follow the instructions given.
6. After completing all the information you will be told if you are eligible for Free School Meals or not and the claim is assigned an Application Reference. You should then press Finish to complete the form.
7. If you are eligible for Free School Meals, John Cabot Academy will be notified.

### *Eligibility for Free School Meals*

Free school meals are available to pupils in receipt of, or whose parents are in receipt of, one or more of the following benefits:

- Universal Credit (provided you have an annual net earned income of no more than £7,400, as assessed by earnings from up to three of your most recent assessment periods, and your monthly average income over three assessment periods should be no more than £616.67)
- Income Support
- income-based Jobseeker’s Allowance
- Income-related Employment and Support Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- The guaranteed element of Pension Credit
- Child Tax Credit (provided you’re not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on – paid for four weeks after you stop qualifying for Working Tax Credit

Children who get paid these benefits directly, instead of through a parent or guardian, can also get free school meals.

Your child might also get free school meals if you get any of these benefits and your child is both:

- younger than the compulsory age for starting school
- in full-time education

If you have any further questions, or require help with completing the online application, please contact Sharon Bracey on 0117 9763000 at John Cabot Academy or email [JCAinfo@clf.uk](mailto:JCAinfo@clf.uk).

