

[Click here to access the Student Navigator.](#) The student navigator page contains links to all the pages you will need if you are learning from home.

[Click here to access a guide to INSIGHT,](#) our student information system.

# Contents

IT Donations.....	2
Lateral Flow Device Tests and Self Isolating .....	2
Increasing data allowances .....	3
FAQs from students about Covid 19. ....	3
What is Covid-19 and how is it spread? .....	3
Year 11 Assessment.....	4
Students attending the Hub: .....	5
Year 9 Options Choices.....	5
Supporting your child at home.....	6
Feedback on live lessons and independent work.....	7
Guide to Black lives matter.....	8
Student success in lockdown.....	9
JCA Library Presents.....	10
Careers Update .....	12
Fun Careers Quizzes .....	12
West of England Inspiration Fair.....	12
Adults seeking careers advice.....	12



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### *IT Donations*

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Can you help? We need any unused laptops, tablets or small computers you may have, to give to your students, so they can all go to all of their lessons from home. Please drop anything into reception where it will be gratefully received. Leave your name and a contact number too, and don't forget the charger.

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### *Lateral Flow Device Tests and Self Isolating*

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We have recently received information from Public Health England (PHE) regarding a new update about the Lateral Flow Device (LFD) tests and the need to self-isolate.

Previously, if a student or member of staff tested positive using the LFD tests they would have been advised to book a confirmatory PCR test. If the result of the PCR test was positive then the student or member of staff would need to self-isolate and we would then investigate and inform any close contacts.

The new advice states that from 25<sup>th</sup> January, a Positive LFD test triggers the legal duty to immediately start self-isolating and removes the need to have a confirmatory PCR test. As an academy we would begin the process of identifying close contacts immediately, therefore reducing the chance of the virus spreading.

The change of advice from PHE is due to the prevalence of the virus being so high, and the concern that waiting for a confirmatory test result will delay the start of contact tracing. As has always been the case, if we have a positive LFD test result we will contact you and support you in the next steps that need to be taken.

Please note that when the prevalence of the virus decreases sufficiently, PHE will re-introduce confirmatory PCR testing for positive LFD results identified. We will inform you if and when this is due to happen.



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*Increasing data allowances on mobile devices to support children and young people*

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BT working in partnership with DfE have launched [a scheme which temporarily increases data allowances](#) for mobile phone users on certain networks. This is so that children and young people can access remote education if their face-to-face education is disrupted.

Schools, trusts and local authorities can request mobile data increases for children and young people who:

- do not have fixed broadband at home
- cannot afford additional data for their devices
- are experiencing disruption to their face-to-face education

If you would like us to do this on behalf of your child, please email [JCAinfo@clf.uk](mailto:JCAinfo@clf.uk) with the following information:

1. the name of the account holder
2. the number of the mobile device
3. the mobile network of that device

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*FAQs from students about Covid 19.*

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*What is Covid-19 and how is it spread?*

Coronavirus is an illness which affects people's breathing and lungs. It can be spread from person to person by coughing or by touching surfaces or areas of skin that have been contaminated by the virus.

Please follow the link below for Questions and Answers regarding Infection, Testing, Vaccinations, Prevention and the Future.

[Q&A about Covid-19 link](#)



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## Year 11 Assessment

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Dear Year 11s, parents and carers,

You will already know that Term 4 begins with an **assessment fortnight** for Year 11. The assessment timetable is linked here:

[Exam Timetable](#)

It's also available on our website and has been sent to parent/carer email addresses via INSIGHT.

This assessment window follows the virtual timetable already in place for students:

Week 1: 22nd February 2021 Week B timetable

Week 2: 1st March 2021 Week A timetable

All assessments will be completed by Friday 5th March 2021.

Where assessments are shown to be taking place (in the colour coded blocks), students **must** ensure they are logged on to teams at the start of their lessons. As a reminder, lessons begin at the following times:

Session 1: 9:30am

Session 2: 11:00am

Session 3: 1:00pm

**Teachers** are running these assessments with their own classes and will set up the sessions with a link on Show My Homework to the session (e.g. Live Lesson: 9.30- 10.45am) for students to access as normal. The teacher will remind students on how long they will have to complete and submit their assessment.

Where assessments are not running in this fortnight, live lessons will **not** happen. This is to support our young people in managing assessments when working in isolation. If there is no link for a live lesson or remote learning, the student does not have an assessment and should use the time to prepare for their next assessment by:



Revising with a clear topic focus (can be done in short 20 minute blocks and cover a range of subjects or topics). Tutors have supported Year 11 in knowing how to revise over the last 3 months; taking a short amount of 'down time' to relax after an assessment- we recommend a short walk in the fresh air (even if just 20 mins) for clearing heads;  
Nourishing themselves (eating a meal or drinking water or even a short nap- max 20 minutes- set an alarm for waking up!) to ensure they are physically ready for their next challenge;  
Connecting with their tutor or the Year 11 pastoral team to ask for any advice/support- there will be daily check in sessions between 2.30 and 3pm on teams;

Mr Church and the tutors will be running an assembly on Wednesday about the assessment fortnight- please encourage Year 11 to come along and ask questions!

Wishing you all a restful half term!

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### *Students attending the Hub:*

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If a student attending the Hub at JCA tests positive for Covid-19 during half term, please let us know as soon as possible by emailing [jcainfo@clf.uk](mailto:jcainfo@clf.uk). We can then identify any close contacts and advise them to isolate

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### *Year 9 Options Choices*

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All information on Year 9 options and the options forms are available on the [JCA website](#).

Taster sessions for option subjects begin this week for the next three weeks - please do look out for Teams link in SMHW.

All information on how to select GCSE option subjects for year 9 can be found on the academy website at: <https://johncabotacademy.clf.uk/curriculum/year-9-option-choices/>



Taster Sessions Timetable for Year 9:

Date	Time	Subject
Mon 1 <sup>st</sup> Feb 2021	3pm-3:30pm	Drama
Tuesday 2 <sup>nd</sup> Feb 2021	3pm-3:30pm	Art / Photography
Weds 3 <sup>rd</sup> Feb 2021	3pm-3:30pm	Business Studies
Thursday 4 <sup>th</sup> Feb 2021	3pm-3:30pm	Statistics
Mon 8 <sup>th</sup> Feb	3pm-3:30pm	DT / Textiles
Tues 9 <sup>th</sup> Feb	3pm-3:30pm	Music
Weds 10 <sup>th</sup> Feb	3pm-3:30pm	Sport Science
Thursday 11 <sup>th</sup> Feb	3pm-3:30pm	Computer Science
Mon 22 <sup>nd</sup> Feb	3pm-3:30pm	Spanish
Tues 23 <sup>rd</sup> Feb	3pm-3:30pm	Hospitality & Catering
Thursday 25 <sup>th</sup> Feb	3pm-3:30pm	Health & Social Care

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*Supporting your child at home*

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Make sure your child is in a good routine: they should be going to bed early and not spending their evenings on a phone or tablet or laptop! They should get up at the same time they would normally and have some breakfast: they will need a quiet place to work if possible, and will need paper and pens. As well as sleep and healthy food, physical activity is really important for teenagers. Make sure they get outside at least once a day and are doing some exercise regularly. Asking them to explain what they're learning about is always good to help them with their education. And the more they read, the better.

For more information about remote learning, look on our website [here](#)

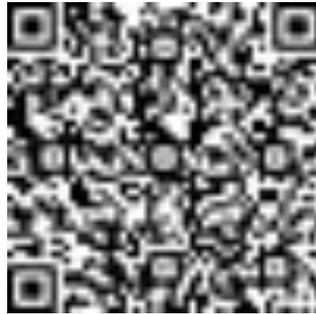


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*Feedback on live lessons and independent work*

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Students learning at home isn't an ideal situation for anyone; it is really useful for us to know how families are getting on. Please let us know your experiences by filling in [this very short survey](#), it's anonymous. Please fill in once for each child you have at JCA.



Access it via the QR code or by following this link. It will be open until Friday the 19<sup>th</sup> of February.

<https://forms.office.com/Pages/ResponsePage.aspx?id=ViObpySMIkm0IMbibQtAkUdaq6pC7WdLkHguV-3-KhtURVJQSDREQzdGVjQ4NDJaMIhHMzVNTk1VUC4u>



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*Guide to Black lives matter*

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Peaceful protests, mass marches, and portrayals of violence. Petitions, political speeches, and demonstrations. 2020 saw movements advocating for an end to racial inequality on a mass scale. Perhaps race has always been a topic of regular discussion in your family, or perhaps you feel unsure about how to approach the topic of race with your family. Perhaps you grew up never talking about race, or perhaps you regularly face discrimination. This guide aims to provide resources, advice, and tips to ensure everyone is aware of racial inequality present in modern-day society, as well as to share tools and knowledge to combat racism today.

[Black Lives matter Document link](#)

[A Parent's Guide to Black Lives Matter - Yoopies](#)

Black Lives Matter: A guide that aims to provide parents with resources, advice, and tips to ensure that children are aware of racial inequality, racial hierarchies, and white privilege present in modern-day society, as well as share tools and knowledge in which to combat racism today.

yoopies.co.uk

See guide attached if you need a link rather than the document:

<https://yoopies.co.uk/c/press-releases/blacklivesmatter>



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*Student success in lockdown*

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**Year 9 student, Callum Selby,** has been very busy in lockdown making and engineering his very own electric guitar. Not only has he been attending live lessons and keeping up with his learning, but he has designed and built his very own guitar from scratch. He designed the instrument, has researched, and sourced all the parts

himself and spent time building his very own guitar. We can confirm that it works, as we were fortunate enough to get a demonstration in Y9 Parent's evening last week. Very well done, Callum!

**Jess Newland in Year 8,** created this model of DNA clearly showing the double helix structure'



**Year 10 student, Mariama Sanneh,** has been integral in creating, developing, filming and editing a fantastic animated resource called 'Hijabs and Miniskirts'. We're so proud of what the fabulous young people achieved under very challenging conditions and the animation will be launched on Integrate UK's charity social media very soon. Later in the year, the animation will be used to deliver workshops in schools nationally and also in person at John Cabot Academy. Well done to all Bristol students involved, but particular kudos to Mariama!

You can watch the short animation video here: [Hijabs and Miniskirts video link](#)



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JCA Library Presents

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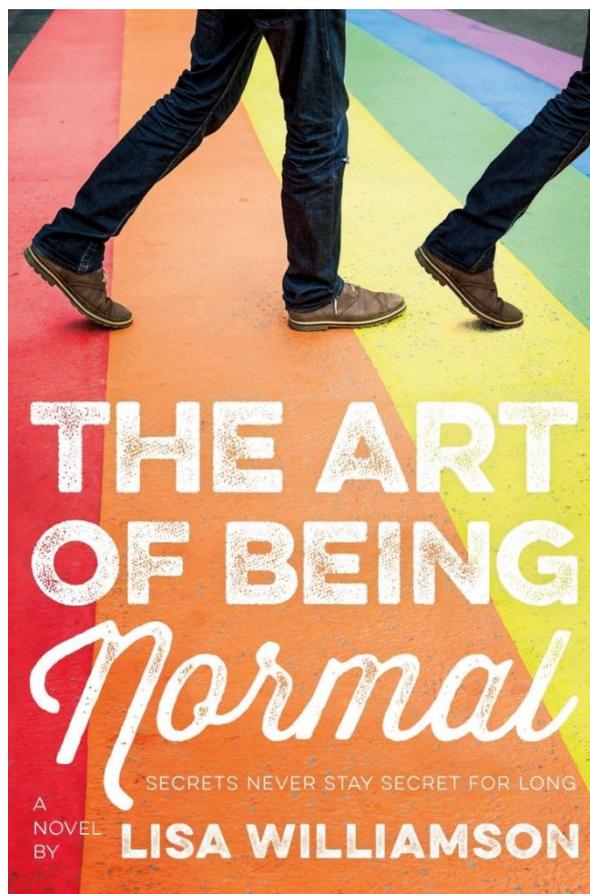
Book of the Week – 7/02/21

The Art of Being Normal, by Lisa Williamson

David Piper is trying to be invisible. His parents think he's gay. The school bully calls him a freak. Only his two best friends know the truth - David is a straight girl trapped inside a boy's body.

Leo Denton is trying to be invisible. Newly transferred into the prestigious Eden Park secondary, he is separated from the other students by class and a rumoured reputation for violence. Leo knows his place in the school is conditional on good behaviour and just wants to keep a low profile.

When Leo stands up for David in a fight, an unlikely friendship begins to develop and both find they have more in common than either could have expected. But things become difficult when secrets they have both struggled to keep concealed start coming to light. This heart-warming coming of age story challenges assumptions about growing up transgender. Sensitive, funny and optimistic, *The Art of Being Normal* shows that it's worth being seen for who you are rather than trying to fit someone else's idea of 'normal'.



## JCA Library: Harry Potter February



Our Harry Potter February event is now live on Instagram! Check out our jcalibrary account to follow all of our competitions this month. Students can also access the competitions via Show My Homework on Satchel One, where they can also watch short videos of JCA staff reading their favourite scenes from the Harry Potter books. Check back weekly for new competitions and for your chance to win!



## Free Online Reading Resources

The modern world is often filled with countless distractions and sometimes it is difficult to get our young people reading for enjoyment. However, educational research demonstrates that literacy skills are fundamental for every stage of life and can impact aspects such as success in careers and even a person's wellbeing.

Here are some recommendations which may be useful when encouraging your child to read at home:

**The Open Library** has thousands of books available to read or listen to online for free. Their ultimate goal is to make all published works of writing available to everyone in the world so we all have access to the same information. You can browse their Schools List of books, which is broken up into American grade levels, or just search for your favourite titles and authors. <https://openlibrary.org/collections/k-12>

**Project Gutenberg** is another online library for ebooks. There are not many modern titles here as they focus mainly on older works for which copyright has expired, but it is a good place to search for classic literature. <https://www.gutenberg.org/>

**BookBub** features limited-time offers for the best free books in over twenty genres, from both top-tier publishers and critically-acclaimed independent authors. These free ebooks are available on all devices, including Kindle, Nook, iPad, and Android. You can check out some of their current selections here: <https://www.bookbub.com/ebook-deals/free-ebooks>



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## Careers Update

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If you would like to get in touch with the careers department to discuss your young person's GCSE options, Post 16 options, employment, virtual work experience and training, please email [careersjca@clf.uk](mailto:careersjca@clf.uk).

The careers department will be uploading careers activities to Show My Homework every week, for students to explore careers through quizzes, careers inspiration events, game design, and the many websites and workshops that will be available.

### Fun Careers Quizzes

This week students can explore their skills, personality traits and interests and match them to job roles using the links to various different quizzes.

### West of England Inspiration Fair

Over the weekend, years 9, 10 and 11 can explore the many careers sectors, post 16 and post 18 providers, workshops and work experience opportunities through the West of England Inspiration Event, which is available throughout 2021 through Liketobe:

<https://www.liketobe.org/organisations/westofenglandcareerinspirationshownovember>.

If students in Y7 & 8 would like to use the career platform, a parent, carer or older sibling over the age of 13 will have to create an account due to Children's Online Privacy Protection Act (COPPA).

### Adults seeking careers advice

For adults seeking careers advice please visit the following sites.

National Careers Service <https://nationalcareers.service.gov.uk> 0800 100 900

Future Bright <https://www.westofengland-ca.gov.uk/future-bright/>

Looking for a career change: visit Life Pilot <https://www.life-pilot.co.uk/>

