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Key Dates

17 th Feb – 19 th March	Ramadan
16 th – 20 th March	Neurodiversity Week
18 th March	Safety Day
23 rd – 27 th March	Green Careers Week
24 th March	KS4 Careers Fair
1 st April	Parent / Carer Coffee Morning & Cake Sale
2 nd April	Last Day of Term 4
20 th April	First Day of Term 5

Message from Head of School

Dear families,

As we move towards the end of Term 4, it has been wonderful to see our students embracing such a rich variety of opportunities across the academy. From Safety Day and Green Careers Week to our students representing JCA at the University of Bristol, there has been a real sense of pride, purpose and community throughout the building.

I want to thank families for your continued support—whether that's helping students navigate our routines, attending our online information events, or encouraging them through the busy weeks of learning, revision and enrichment. Your partnership makes an enormous difference.

Kind regards,

Gemma Read
Head of School

JCA Routine - Corridors

At JCA we have a one way system in A wing, C wing and the terrace. This is designed to keep all students safe in our narrow corridors and on the stairs. On the main corridor we keep to the left to allow students to move efficiently. The one way system is in effect at all points during the school day, including during after school clubs and revision.

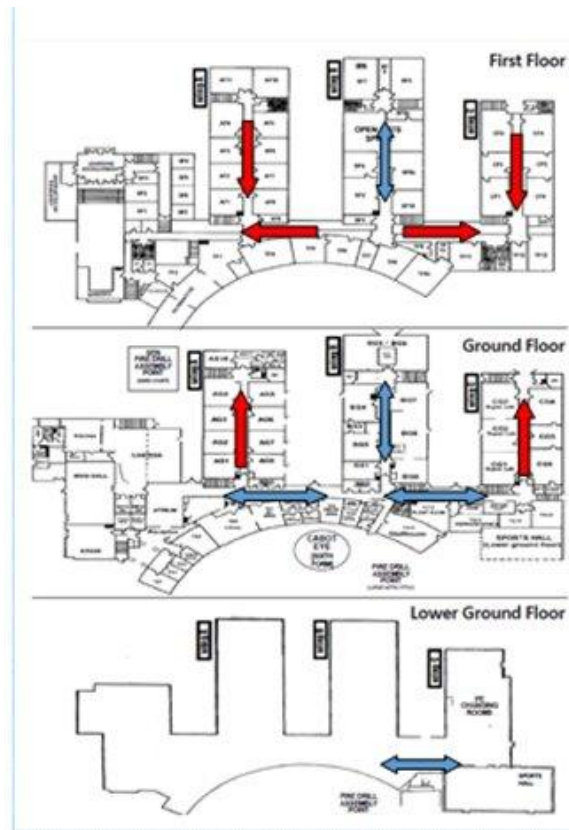
When moving around the academy we make sure we are moving:

Safely - we walk, not run and use all spaces for their purpose.

Calmly - we are quiet, courteous and use positive language.

Respectfully - Students follow instructions, are prompt and purposeful and wear JCA uniform.

Recently we have had to give additional reminders to students to follow these expectations and welcome your support in keeping our corridors safe and purposeful.



Kind regards

Andrew Buck
Vice Principal

Parent Information Evenings

During term 3 and 4 we have run a number of online parent events to share information on a range of topics. The recordings are now available on the school website under the "News and Updates" section, The events were:

JCA KS3 Reports Explained:

<https://www.youtube.com/watch?v=CEXgRFy4048>

Y11 Supporting Families with Mocks:

<https://www.youtube.com/watch?v=EXpEZITz-w0>

Y7 and Y8 Reading Support:

<https://www.youtube.com/watch?v=JZzlG39eYxo&t=5s>

Spring Safety Day

Welcome to our Spring Safety Day, where we focus on the importance of healthy lifestyles.

At John Cabot Academy, our PSHE and RSE curriculum is designed to help students make informed decisions about their wellbeing, build resilience, and develop the skills needed to lead healthy, confident, and responsible lives.

Wednesday's sessions will explore practical ways to support both physical and emotional health, linking to our whole-school aim of nurturing happy, independent young people who can navigate risks and challenges positively.

We encourage everyone to engage, reflect, and take away strategies that support lifelong wellbeing.

Healthy Lifestyles	Period 1	Period 2	Period 3	Period 4
Year 7	HEART STARTERS.5 7x3 - Spanish RGA	HEART STARTERS.6 7Y1 Drama - JGo		
	Personal Hygiene	Menstruation	Male Puberty	Integrate - Confirmed
Year 8			HEART STARTERS.1 8x1 Music - TGr	HEART STARTERS.2 8Y1 English Hki
	Exploring Identity p1	Exploring Identity p2	Integrate - Confirmed	Self Harm
Year 9	FGM and the Law	Managing Anxiety	Prescription Drugs	Gratefulness
Year 10	Porn Ethics	Stress and Exam Performance	HALL - WATER SAFETY Confirmed	Mental Health
Year 11	Compulsive Behaviours	Hymenoplasty	Suicide Prevention	HALL - AA ASSEMBLY - Confirmed

1 Period in SLR
Normal break and lunch times
Usual classrooms*
Usual subject teacher

TIMETABLE SPRING SAFETY DAY WEDNESDAY 18TH MARCH

Chess Tournament



Decolonising the English Curriculum: PGCE Session at UoB

On Monday 9th March, Ms Utley took four of our Year 11 students, Soreiya VMC, Tristan B, Carrell J and Mansan S, to University of Bristol where they took part in a panel discussion to PGCE students about their experiences of English lessons.

Our Year 11s spoke so articulately, confidently and passionately about their experiences of subject English and how English lessons can better reflect students' culture and heritage in a more engaging and inclusive way.

The ideas shared will be used by English teachers to improve lessons in Bristol schools.

We are so proud that John Cabot students will influence the learning of students across our city and beyond; their ideas will also be brought to a consultation of the English curriculum with the Department of Education! Well done Year 11!

Lisa-Marie Utley
English Teacher

Year 9 Meningococcal Vaccine

We are offering your Year 9 child a free Meningococcal ACWY vaccine and Diphtheria, Tetanus and Polio vaccination in school this year.

Please complete the consent form as soon as possible.

<https://imms.sirona-cic.org.uk/dtp/2025/consent?v=2>

What is the Meningococcal ACWY (MenACWY) vaccination?

The MenACWY vaccine helps to protect your child against four types of bacteria that can cause meningitis and blood poisoning. These diseases are very serious and can kill.

What is the Diphtheria, Tetanus and Polio vaccination?

Diphtheria, Tetanus and Polio are serious diseases that have practically disappeared in this country due to the vaccination programme. All children need 5 doses of this vaccine to build and maintain immunity. The first 3 doses should have been given as a baby and the fourth dose at around four years old. **The fifth dose is due now.**

How is the vaccine given?

The vaccinations are given by two injections in the upper arm.

Are there any side effects?

As with most other vaccinations, the side effects of these vaccinations are mild; however, soreness, swelling and redness in the arm are common but wear off in a couple of days. More serious side effects are very rare.

Important notes:

- It is important to talk about the vaccinations with your child.
- You should complete the form as soon as possible, even if you don't want your child to have the vaccine.
- If we don't receive a form telling us your wishes, we may invite your child to consent for themselves if they show they understand the vaccination due. This is in line with the Gillick Competency Framework.
- Information about the vaccinations will be put on your child's health records

No internet access?

If you can't access the internet, ask your child's school for a paper consent form, or call us for help on 0300 1245515.

What if I do not want my child to receive the vaccine?

Please complete the form to let us know.

Your child's school will tell you the date of the vaccination session.

What if my child misses the session?

Catch-up clinics will be available for children who miss the school session. Your child's school will send information about these clinics after the school session.

Want to learn more?

[Immunisations for young people - your questions answered \(publishing.service.gov.uk\)](https://www.nhs.uk/conditions/vaccinations)

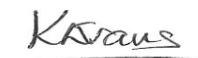
<http://www.nhs.uk/conditions/vaccinations>

<https://youtu.be/fZgWJRntCoc>

Questions?

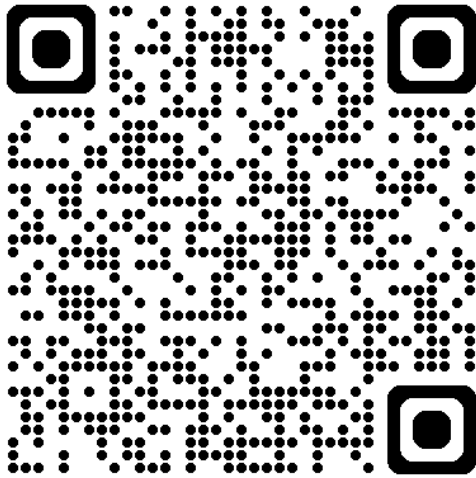
Contact the School Immunisation Team: 0300 124 5515 or email sirona.sch-imms@nhs.net

Yours sincerely



Karen Evans
Associate Director of Children's Services
Sirona

QR code link to consent form



Unique Voice Spring Holiday Club



UNIQUE VOICE

Creative Arts Club

No cost!
Young people must be eligible for Free School Meals. Find out more on our booking page.

Learn creative skills and meet new people this Spring!

WHEN
Tuesday 7th - Friday 10th of April

WHERE
John Cabot Academy,
BS15 8BD

FOOD
Free hot lunch, dessert and snacks

TO BOOK
Scan the QR code or visit <https://eequ.org/uniquevoice>

ACTIVITIES

- Performance
- Games
- Multi media arts
- Photography
- Drawing

Questions?
Call/Text: 0117 428 6240
or 07831 914685 Email: kitty@uniquevoice.org