



**JOHN  
CABOT  
ACADEMY**



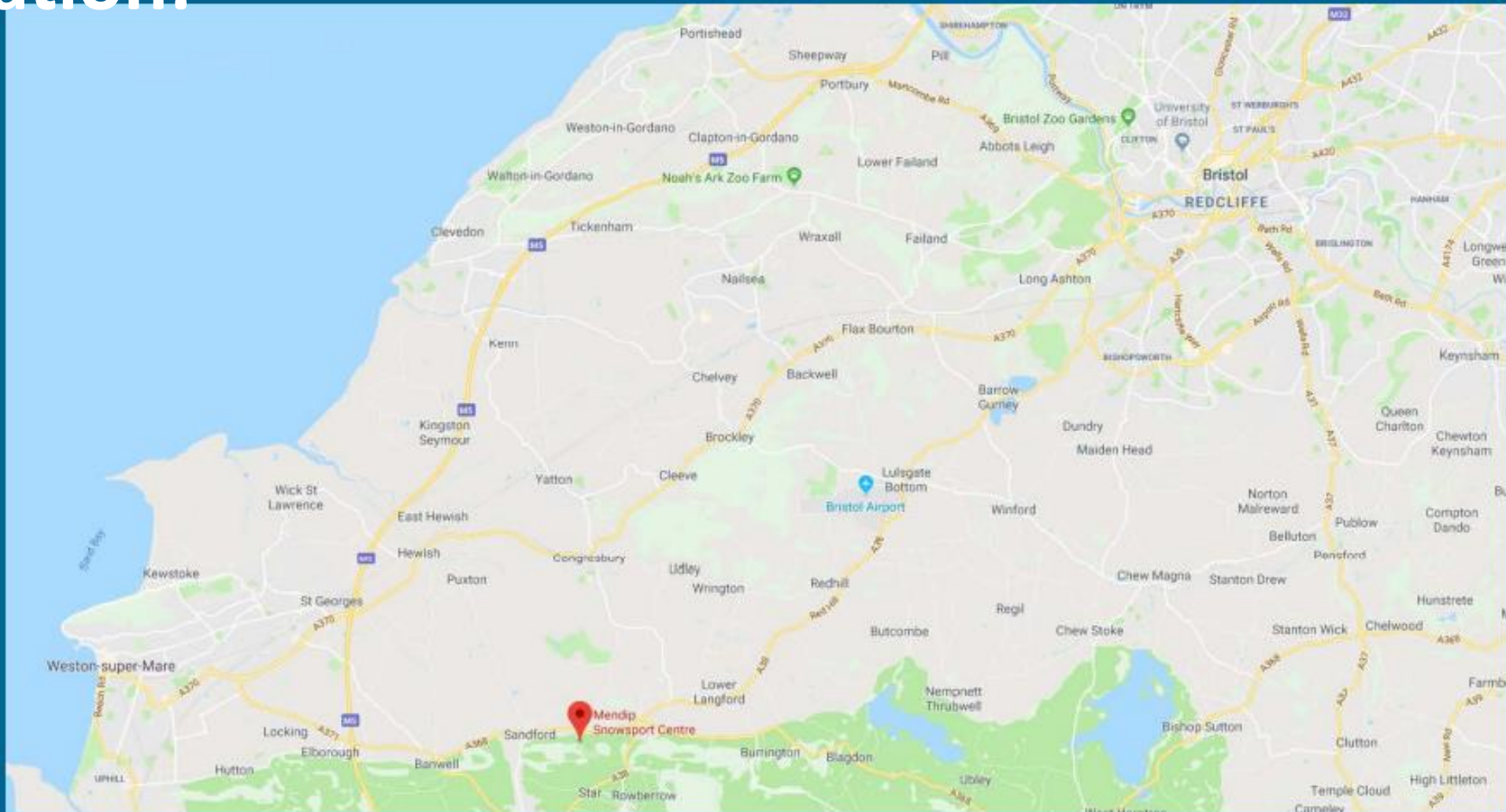
**Year 8 and Year 9 Residentials 2022**

**John Cabot Academy**

# Why go on the Year 8 / Year 9 Residential?

- The only opportunity you will get to go away as a year group at JCA
- It helps you develop life skills like independence, teamwork, communication, problem solving, overcoming your fears
- You will make new friends
- We will have lots of fun and you will make memories that you keep forever

# Location:



# Mendip Activity Centre

# The site:



# Mendip Activity Centre

## Sample Arrival Day

### Day 1

10:00-11:30 – Coach travel from school to Mendip

12:00-13:30 – Welcome – Bags into storage and walk to Sandford Quarry

13:30-16:00 – Climbing activity session

16:00-16:30 – Walk back to the Pavilion Tented Village

16:30-17:30 – Free / School Led time / Showers

17:30-19:00 – Evening Meal in the Pavilion Marquee

19:00-21:00 – School run activities (orienteering)

# Climbing



## Sample Day 2

08:30-09:30 – Continental Breakfast in the Pavilion Marquee

10:00-12:30 – Mission Impossible part 1

12:30-13:30 – Packed Lunch in Pavilion Marquee

13:30 – 16.00 – Mission Impossible part 2

16:00-16:30 – Walk back to the Pavilion Tented Village

16:30-17:30 – Free / School Led time / Showers

17:30-19:00 – Evening Meal in the Pavilion Marquee

19:00-21:00 – School run activities (tug of war, challenges)

# Mission Impossible



## The Challenges





### Sample Day 3

08:30-09:30 – Continental Breakfast in the Pavilion Marquee

10:00-12:30 – Archery Active Activity Session

12:30-13:00 – Packed Lunch in Pavilion Marquee

13:00 – Depart for School

14.00 – Arrival to JCA

# The activities: Archery Active



Where we sleep & eat & hang out:



Mendip Pavilion Village

## Key info:

- When: 11-13 July for Year 8, 13-15 July for Year 9
- Cost: £135, split into 4 payments – Scopay only
- Tent groups: will be decided by students and staff in June
- You will not need to bring an airbed or sleeping mat, Mendip will provide us with sleeping mats for everyone.
- Any more Qs – come & see Mrs Church or Miss Cannon in the PE office.

## **General items**

- Sleeping bag & pillow
- Blanket for additional warmth at night
- Wash kit & towel
- Nightwear, underwear & socks

## **Suggested clothing**

- Two or three sets of activity clothes (activewear suitable for outdoor use)
- Sweatshirt (or similar) & warm jumpers
- Trainers x 2 (in case of rain)
- Warm coat & waterproofs
- Woolly hat & gloves (it will become cold on an evening)
- Wellies (if heavy rain is forecast)

## **Other items**

- Water bottle
- Cup for hot drinks (facilities available)
- Torch
- Plastic bags (for wet and dirty clothes)
- Sun cream / sun hat / sunglasses
- Rucksack to carry waterproofs, hat & drink between activity sites
- Power bank / portable phone charger
- Cake (either homemade or shop bought to share at meal times and in the evening)
- Marshmallows (optional) for the camp fire
- Snacks (optional) that will not melt in a hot tent
- Any relevant medication (to be handed in on arrival and stored by staff)

Any questions?  
Please come to  
ask.