

[Click here to access the Student Navigator.](#) The student navigator page contains links to all the pages you will need if you are learning from home.

## Contents

Key Dates.....	1
JCA Routines: Visitors and the JCA Community .....	2
Preloved School Uniform .....	2
Cabots Got Talent .....	2
Music Awards.....	3
Comic Con .....	4
Eid .....	5
Young Writers Competition .....	6
Vaccinations for Year 10 & 11.....	7
Kansas City BBQ Theme Day.....	7
School Holiday Activities and Food Programme.....	8
House of Basketball.....	9

---

### Key Dates

---

11 <sup>th</sup> July	Year 10 Geography Trip to Blaise Castle
15 <sup>th</sup> – 19 <sup>th</sup> July	Year 10 Careers Week
15 <sup>th</sup> July	Year 10 Geography Trip to Blaise Castle
17 <sup>th</sup> July	JCA Summer Concert
22 <sup>nd</sup> July	Year 10 Progress Reports to Parents
23 <sup>rd</sup> July	End of Term – Years 8 & 9 finish 13:20 Years 7 & 10 finish 13:50
4 <sup>th</sup> September	Year 7 Only 1 <sup>st</sup> Day of Term
5 <sup>th</sup> September	All School First Day of Term

---

### *JCA Routines: Visitors and the JCA Community*

---

Very often we invite visiting speakers, teachers and services to JCA to develop an engaging curriculum and platform for our young people to learn effectively from many voices. We do this regularly on safety days, in cover lessons and in our assemblies in particular. Next week, we will also be inviting many employers from the local area to JCA to meet our Year 10s and Post 16 students as part of their work experience programme.

Please do take this opportunity to remind your child about how to be a good ambassador for their school; we listen carefully to all visiting adults and show we care by asking astute questions and/or interacting when asked. These are important skills as they consider the first impressions they give others both in school and in the world of work.

From a safeguarding perspective, our students can be assured that when an adult is visiting the Academy they will have a visitor lanyard, either blue or red. If the lanyard is red we would expect that adult would be with a staff member during their time with us – if your child sees a visitor with a red lanyard who doesn't seem to have the help of an adult with them or if they see an adult who hasn't been given a lanyard it would be helpful if they could bring this to the attention of a John Cabot Academy staff member.

Gemma Read  
**Vice Principal**

---

### *Preloved School Uniform*

---

Thank you to everyone who has donated to the 2<sup>nd</sup> Hand Uniform. This has been very popular and successful and we will be very grateful for any further donations of uniform, PE clothes and shoes.

Any items can be given to reception.

Thank you

---

### *Cabots Got Talent*

---

An amazing array of talent from all years at John Cabot, featuring students from Year 7 to Year 11. We had magic tricks, mime sketch shows, dance and various music performances throughout the evening. The judges had a gruelling task of selecting 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> position. We hope all enjoyed participating and watching the talent show.

1<sup>st</sup> - Hana M (Year 9) vocal performance  
2<sup>nd</sup> - Nokutenda K (Year 7) dance performance

3<sup>rd</sup> - 'Stealing Society' (Natalia B, Catherine P, Ryszard M, Josiah L, Xavier B - Year 9) - band performance



---

### Music Awards

---



Congrats to Mr Shepherd's singing students, who last week did well in their respective singing exams.

Pictured we have Iris Hutton who received a merit in her Grade 6 Rock School Singing exam. Also, Lillie Cottrell received a merit for her Grade 5 ABRSM Singing for Musical Theatre exam. Well done, both!

---

### Comic Con

---

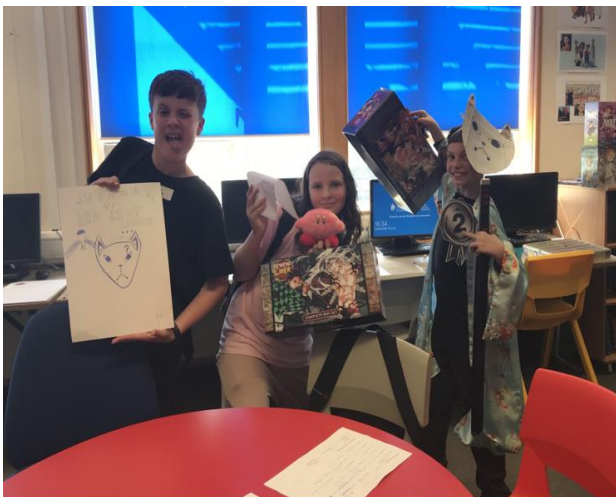
Last week was Comic Con in the library. Student teams were first asked to write down a range of words (adjective, colour, animal, etc), only to discover their choices now determined a superhero they needed to develop. Each team needed to produce a piece of cover art and a story arc to try to convince their peers that their character should be turned into a comic. Students then voted as individuals for the hero they would most like to see published.

Our ultimate winner was Team 6 with their hero 7-year-old Vanilla Cheesecake Knight, who's superpowers include shape shifting and frolicking, fights evil with a purple axe, and who's only weakness is their overly large hat (it continually obscures their vision but it's too fabulous to take off). Team 6 won the contents of the mystery box which was full of a range of comic book-themed prizes.

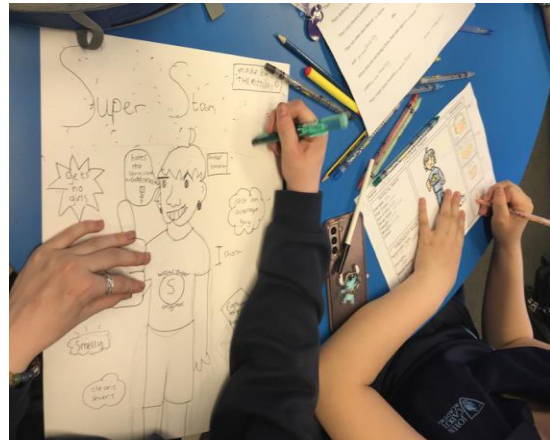
We also had our cosplay contest and congratulations go to Isobel who won £15 of HMV vouchers. All attendees also were able to take home a selection of Free Comic Book Day comics generously donated by Bristol's Excelsior Comics store.

Thank you to all our super students who took part in Comic Con 2024 and made it such a fun event!

So pleased to announce the winner of the 2024 JCA Comic Con Art Competition as Hamza in Y9. We had an excellent selection of student artwork submitted this year, and there was tons of debating among library users on the merits of them all. But in the end the votes revealed a clear favourite. Well deserved congratulations, Hamza! Hope you enjoy your art supplies. 🙌🎨🖌️







**Laura Harnell**  
Librarian

---

### Eid

---



We were very honoured to have members of our Muslim community come into school to share a feast with us, and explain about Eid-al-Adha.

Eid al-Adha, also known as the "Festival of Sacrifice," is one of the most important Islamic holidays. It commemorates the willingness of the Prophet Ibrahim (Abraham in Judeo-Christian traditions) to sacrifice his son Isma'il (Ishmael) as an act of obedience to God. According to Islamic tradition, God intervened and provided a sheep to sacrifice instead.

Muslims celebrate Eid al-Adha by performing a special prayer, followed by the ritual sacrifice of an animal such as a sheep, goat, cow, or camel. This act symbolises Ibrahim's willingness to sacrifice his son and God's

mercy in providing a substitute. The meat from the sacrificed animal is distributed among family, friends, and the less fortunate, ensuring that everyone can partake in the celebration.

Eid al-Adha occurs on the 10th day of Dhu al-Hijjah, the last month of the Islamic lunar calendar, and coincides with the culmination of the Hajj pilgrimage in Mecca, Saudi Arabia. The holiday emphasises themes of sacrifice, charity, and community.

---

### *Young Writers Competition*

---

The Young Writers competition is now live and students can collect entry forms from the library, which need to be returned by 15<sup>th</sup> July.



---

*Vaccinations for Year 10 & 11*

---

HPV, Meningococcal ACWY and Diphtheria, Tetanus and Polio vaccination catch-up clinics are available for Year 10 & 11 students who **have not** received their vaccinations previously at school (during Year 8 or 9), clinics are running through-out the summer. Please contact the Immunisation Team directly on 0300 124 5515 or email [sirona.sch-imms@nhs.net](mailto:sirona.sch-imms@nhs.net) to book an appointment or to check your child's records if you are unsure whether they have received these.

Many Thanks,

**Olivia Lee**  
Programme Manager School Aged Immunisations

Sirona care & health

---

*Kansas City BBQ Theme Day*

---



**18th July 2024**

Kansas City BBQ Chicken, Potato Salad  
& Smoky Pit Beans

Sweet Potato Burger with Kansas BBQ  
Sauce

Lemon or Toffee Cheesecake



---

### *School Holiday Activities and Food Programme*

---

Please see the following website for information regarding holiday clubs and local activities over the summer:

<https://find-information-for-adults-children-families.southglos.gov.uk/kb5/southglos/directory/advice.page?id=Y50nS-ilHMk>

Please also see the below information with regards to support you and your child may be able to access over the summer:

#### **Young people's mental health**

- **Off The Record:** Free, self-referral counselling service for young people age 11-15, who are experiencing low mood, depression, anxiety, phobias, self-harm, eating problems and/or anger. Young people can call, email or text, and services operate in Patchway, Kingswood and Yate. Also offer parent support groups and sessions. Can also see [Facebook](#), [Twitter](#) and [Instagram](#) for more information and up to date groups and activities.

Tel: 0808 808 9120. Text: 07896 880011. Website: [Home - OTR \(otrbristol.org.uk\)](#) Email: [hello@otrbristol.org.uk](mailto:hello@otrbristol.org.uk)

- **Kooth:** Free, safe and anonymous online support for young people 11-18. Monday – Friday 12pm – 10pm, Saturday – Sunday 6pm – 10pm. On Kooth you can: Chat to our friendly counsellors; Read articles written by young people; Get support from the Kooth community; Write in a daily journal. Website: <https://kooth.com/> [Home - Kooth](#)
- **Childline:** Free counselling via online webchat, and free support/advice available 24/7 via confidential helpline, and emails via the website. Tel: 0800 11 11. Website: [www.childline.org.uk](http://www.childline.org.uk) [Childline | Childline](#)
- **Young Minds** national charity offers confidential online and telephone information and support for anyone worried about the emotional, behaviour, or mental health of a child/young person up to 25 years of age, including ADHD, Autism and Aspergers. **Parents Helpline:** 0808 802 5544 Website: [YoungMinds | Mental Health Charity For Children And Young People | YoungMinds](#)
- **Young Minds Crisis Messenger Service** for free 24/7 support across the UK of you are experiencing a mental health crisis. Text YM to 85258.

•

#### **Adult mental health**

- **South Gloucestershire Talking Therapies - Vitamins:** Therapeutic interventions including counselling and group courses, in line with people's differing needs, age 16+. Self-referral via the website: [wellaware.org.uk](http://wellaware.org.uk) Tel - 0333 200 1893 [NHS Talking Therapies - North Somerset & South Gloucestershire \(vitahealthgroup.co.uk\)](#)
- **Samaritans:** Free, confidential emotional support for those experiencing despair, distress, self-harm or suicidal feelings.

Tel: 116 123 (free, from any phone, 24/7). Website: [www.samaritans.org](http://www.samaritans.org) [Samaritans | Every life lost to suicide is a tragedy | Here to listen](#) Email: [jo@samaritans.org](mailto:jo@samaritans.org)

- with compassion



- Experience Somatic movement, guided relaxations and breath work

---

*House of Basketball*

---



# **HOUSE OF BASKETBALL**

## **PATHWAYS & CAREERS**



### **WHAT WE OFFER!**

- **COURSES**
- **BUSINESS MENTORING**
- **PERSONAL SKILLS DEVELOPMENT**
- **MARKETING**
- **WORKSHOPS**
- **WORK EXPERIENCE**

**AGES: 16+**



**SCAN HERE FOR MORE**

**ADMIN@HOUSEOFBASKETBALL.ORG**