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Key Dates

2 nd - 20 th June	GCSE Exams
16 th – 20 th June	School Sports Week Travel to School Week
16 th June	Last Day for Year 11
18 th June	Year 7 Parent / Carer Evening
20 th June	Pride Day / Non-Uniform – Lessons Will Be as Normal
19 th June – 3 rd July	Year 10 Mock Exams
25 th June	Year 11 Prom
26 th June	KS3 Production
1 st July	Cabots Got Talent

2 nd July	Year 6 Taster Day
3 rd July	Sports Day
4 th July	NSET Day – School Closed to Pupils
7 th July	INSET Day – School Closed to Pupils
9 th / 10 th July	Year 10 Geography Field Trip
11 th July	Year 7 – 9 Progress Reports to Parents
14 th – 18 th July	Year 10 Work Experience Week
16 th July	Summer Concert
17 th July	Reserve Sports Day
21 st July	Year 10 Progress Reports to Parents
22 nd July	Last Day of Term – School Closes

JCA Routines – Attendance and Punctuality

John Cabot Academy student attendance continues to rank as one of the highest in the CLF. Our GCSE results over recent years has shown a direct link between high attendance and student academic achievement.

Could you please continue to ensure your child attends school each day. The school gate opens at **8:20am**, where students are greeted by our leadership and pastoral teams. Your child should be at school by **8:40am** to attend period 1.

Punctuality to lessons is also something we continue to expect from each student. Being on time limits disruptions to the learning of others and ensures students maximise their learning experiences with their subject teacher. Students who are late to school or lessons will spend the rest of the period in SLR (Separate Learning Room). Thank you in advance for reiterating the expectation of being punctual at school with your child at home.

If your child is ever too unwell to attend school, please call JCA before the start of the school day. Please also contact your child's pastoral year team if they need any support with coming into school.

Nathan Richardson
Assistant Principal

Student Hair and Headwear

We would like to remind families of our policies on student hair and headwear. From September, we will have a reset to ensure all students are following these policies. Students have been briefed again on this during their tutor time and assemblies during term 6.

Our uniform policy continues to embrace religious and cultural headwear, which we ask to be in JCA colours (black, blue, white or grey) if worn. JCA are also proud to follow The Halo Code, which celebrates afro hair and hairstyles.

Terms 6 will focus on reminding students of all aspects of our policies on hair and headwear. This includes:

- No ornaments such as flowers, bows or elaborate hair bands
- Extreme hair colours not being allowed

We hope this notice gives you and your child lots of notice for these rules for the next academic year.

Social Media

Due to feedback from families, we have relaunched our Instagram Account @Johncabotnews. We also have @jcalibrary and @jcaPerformingArts to showcase some of the events and activities within the school



johncabotnews
John Cabot Academy



jcalibrary



JCAPerformingArts
jcamusic

We also a facebook page



John Cabot Academy

160 likes • 251 followers

There is also a parent-led page, John Cabot Academy UK, Parent Group which is a private page for parents to share information



John Cabot Academy UK, Parent Group

Pride Day

On Friday 20th June, we will be celebrating Pride and are inviting students to wear whatever makes them feel proud. There will be a cake sales during break times. All proceeds of this non-uniform day will go to Freedom Charity in Bristol, who support young people within the LGBTQ+ community.

Lessons will run as normal on Friday 20th June. However education about relationships is part of our Personal Social and Health education. This is taught in PSHE lessons, tutor time and assemblies. The full curriculum is [here](#).

Stars of Term 5

Performing Arts **Stars of Term 5**



Year 7 Drama

Alba Larder
Ella Obiora

Year 7 Music

Oscar Arkinstall
Kayla Kane

Year 8 Drama

Darius David
Sarah Matthew
Dexter Cox

Year 8 Music

Aiden Tai
Savanna Swanepoel

Year 9 Drama

Zara Albuquerque
Lex Banfield

Year 9 Music

Katie Marshall
Nathan Hepton

Year 10 Drama

Mya Bromley
Khalid Rage

Year 10 Music

Ryszard Mikuta
Thomas Smith

Year 11 Drama

Nicole Murasiranwa

Year 11 Music

Rocco Mäkelä



2025 Chess Champions

We now have our 2025 Chess Champions for Y7 and Y10. Congratulations to Aiden D who is our Y7 champion, and to Kevin RM who was last year's Y9 winner and this year's Y10 champion! A big thank you and well done to our second place finalists, Rhoshon H and Dylan TH, who have both played outstanding games to become finalists this year. The Y8 and Y9 final matches will be played in the library on Tuesday 17th June.



Laura Harnell
Librarian

Comic Con



The 2025 Comic Con Student Art Competition is now on display in the library and the vote is open. Come see these talented students' work for yourself and help select our winner by voting for your favourite.

Preloved School Uniform

Thank you to everyone who has donated Preloved School Uniform. This has been very popular especially with our new Year 7s. We will be very grateful for any further donations of uniform, PE clothes and shoes. Any items can be given to reception.

Thank you.

Healthy Phone Habits

Lots of our students are seemingly attached to their phones. We've together some tips on healthy phone habits here but would love to hear what helps you!

Healthy phone habits 📱 🚫

These healthy habits will help towards:

😴 Better sleep (not just to get to sleep but stay asleep!)

💡 More energy

😌 Less stress

✌️ More peace

😬 Less anxiety

😊 Better mood

💖 Healthier relationships

- ✅ Have a wind down time. At least 30 mins before bed, come off all screens. Even if it's just to potter around getting things ready for the following day or have a conversation with your spouse !
- ✅ Find a non tech hobby you enjoy
- ✅ Identify the things that make you happy and do more of them - just something small and simple like looking out the window at the garden or some trees
- ✅ Walk!
- ✅ Get outdoors more
- ✅ Have set times to check in on social media or whatsapp
- ✅ Turn off or set a schedule to receive notifications - it's a game changer!

There's loads of other little tips, do you do any of these?

South Gloucestershire Support – Stay and Play



South Gloucestershire
Council
Delivering for you

Relationships Matter Stay & Play



South Gloucestershire
Children's
Centres

**Drop in session
9.30–10.45am**



Parents & Carers are invited to a session run by a Relationships Matter coordinator.
First Friday of every month.

Who is it for?

The group will support Families & couples (whether together or separated) understand & build healthy relationships.

Come along & let the children play

Happy family relationships make us all feel good and help our children feel safe, secure, and loved.

**Held at Yate Childrens Centre, Cranleigh Court Road,
Yate, BS37 5DW**

South Gloucestershire Support – Six Week Surfing and Wellbeing Program

Sports Works and The Wave Project will be running a six week surfing and wellbeing program from 18th June-23rd

July on Wednesdays 5.30-7pm at The Wave inland surf facility in Easter Compton.

The project will draw upon principles from 'Blue Exercise', surf therapy, mindfulness and social support in a safe, supportive and inclusive community.

All surf equipment for the course will be provided by The Wave, however attendees should have suitable swimwear for each session.

Attendees are expected to arrange their own transport to and from The Wave, however, if this is expected to be a barrier to attending, please contact: connor@otrbristol.org.uk and we can see if we can support.

Who is this session for?

Any young people aged 11-15 from Bristol or South Gloucestershire. You don't need to have any experience of surfing

*Course attendees will be always paired with mentors in shallow-water depth, so no swimming ability necessary for this course. *

The group will be a maximum of 12 young people

Please note we often have more sign-ups than places for these programmes. Our Sports Works Coordinator will be in touch after you've signed up to confirm whether we can offer you a space this time or not.

How does this relate to mental health?

This course is all about experiencing the amazing sport of surfing at a brilliant centre in South Gloucestershire. You can expect to learn surfing, wellbeing and life skills in a fun, supportive environment with other young people attending the course. Surfing and being immersed in bodies of water is very powerful for our wellbeing, mental health and in developing our mental and physical fitness at the same time.

What happens after the programme?

Those from the course will then be part of the 'Surf Club' where you are welcome to go to their Wednesday evening sessions for low or no cost, organised by The Wave Project. OTR Sports Works will also host a social event at the end of the course!

Access Info

The Wave is working on ensuring fully adaptive sessions can be run in the near future for people's with physical disabilities, however this option is unfortunately not currently accommodated for.

Contact details of coordinator for more info:

Connor Grant – OTR Sports Works Project Coordinator

Connor@otrbristol.org.uk

07365921805