



<u>Click here to access the Student Navigator</u>. The student navigator page contains links to all the pages you will need if you are learning from home.

<u>Click here to access a guide to INSIGHT</u>, our student information system.

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Key Dates

6 th Feb – 3 rd March	Year 11 Mock Exams
8 th February	Tuck Shop at lunch time – cash only Year 9 Parents' Evening online Harry Potter Night
10 th February	Last day of Term
20 th February	INSET Day, school closed to pupils
21 st February	First Day of Term 4

JCA Routines: Attendance

As we move towards lighter mornings and evenings, we want to thank parents for continuing to encourage excellent attendance at school; many of our are battling colds and sniffles and coming in to learn as we know we feel better when we have got up and dressed and a busing ourselves with our day.





We have noticed that an increasing number of parents are calling in with a variety of reasons for lateness. We'd like to reduce the number of late arrivals we have as it disrupts the learning of the first lesson, which is essential for giving everyone a positive start to the day. Please do ensure your early morning routine is giving them plenty of time to be in school **before 08:40**- we know waking teenagers (and Bristol traffic) does not make this easy!

From Term 4, Tuesday 21st February, we will prioritise the positive learning in our period 1 lessons and late notes from parents will no longer excuse students from starting their day in the SLR if they continue to come in late

Gemma Read Vice Principal

Harry Potter Art Finals

We have three finalists for our Harry Potter Art Competition, which will be revealed at the HP evening this week. Please like (or love) your favorite before Wednesday 8th February to vote for one of these brilliant pieces on our facebook page, <u>John Cabot Academy | Bristol | Facebook</u>



Georgie (y8)

Mars (y7)



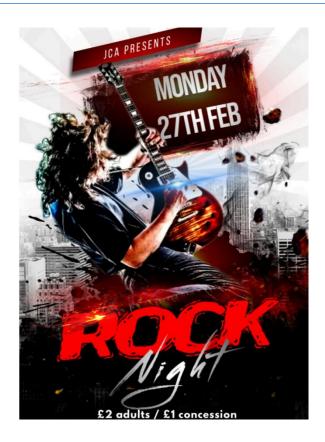


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Martha (y8)

Rock Night







8th February – National Online Safety Day



Online Safety – Safer Schools

Recently, friend-finding and social networking apps Wizz and HiPal Walkie Talkie have been topping the charts in their app store categories. Due to their appeal to young people, our experts investigated the apps for potential safeguarding risks, and compiled advice and tips on how to keep the children and young people in your care safer on friend-finding apps





https://oursaferschools.co.uk/2022/11/25/hipal-walkie-talkie-and-wizz-social-apps/

At National Online Safety, we believe in empowering parents, carers and trusted adults with the information to hold an informed conversation about online safety with their children, should they feel it is needed. This guide focuses on one app of many which we believe trusted adults should be aware of. Please visit www.nationalonlinesafety.com fer further guides, hints and tips for adults.

What Parents & Carers Need to Know about



HiPal is a trending social media app which turns phones into walkie-talkies, allowing people to have voice conversations with friends or strangers. There are two account options: one for users aged under 12 and one for those aged 12 or above. The former has fewer features and limits interaction with strangers, enabling use of the walkie-talkie feature or photo sharing with friends and family only. The 12+ accounts offer more options, including adding strangers as friends, sharing photos and videos publicly, sending private messages and holding voice chats with strangers as well as friends.

CONNECTING WITH STRANGERS

HiPai's under-12 accounts don't allow direct connections with strangers (although children seeking more Trienda can share their 'Friend Code' on other platforms), but for older users, chatting with strangers seems to be the app's main appeal. The "public Square's hows nine online users (hitting 'refresh' replaces these with another nine), and clicking on someone's profile starts a conversation.

SEXTING AND SUGGESTIVE PICS

Aimost immediately after our expert downloaded the app, strangers began to message privately – asking for provocative images or sharing explicit photos of themselves. Likewise, in the Explore' feed, many of the pictures and videos are innocent... but some are far more salacious. There is a laways the risk of other users secretly souling a revealing photo and

NEED FOR VALIDATION

Some users - particularly girls post photos on apps of this type hoping for positive reactions and comments to boost their self-esteem. Suggestive images tend to attract more flattering feedback, encouraging the user to post more frequently and with more explicit content. Conversely, receiving unkind comments about their picture can impact a young user's confidence and sense of self-worth NO AGE GATES OR MODERATION Although users are given an initi choice of the under- or over-12 for there is no verification method is

RESTRICTIO

there is no verification method to confirm someone's cage; it is quite clear that the 'older' option offers a more complete experience on the app, but there seems to be no content moderation in place. Likewise, there is a reporting button for users to make a complaint but these reports do not appear to be followed up.

H#*4**!

INTRUSIVE FEATURES

HiPai's walkie-talkie gimmick is no different from a normal phone call and seems rarely used; although it allows conversations to still be heard while a phone is locked, which could have awkward results. HiPai also offers 'Boom' messages: unmissable large-taxt notifications which are highly distracting and briefly take over the phone - users can't access other apps until the message tades.

LARGE GROUP CHATS

The app offers group chats with up to 100 people - both friends and unknown users. This not only means excessive 'Boom' messages taking over your child's device, but near-constant notification alerts and - most warryingly - the potential for walkle-takle chatting and sharing photos with strangers outside parental supervision and apparently with no moderation from the

Advice for Parents & Carers









Aspens Catering



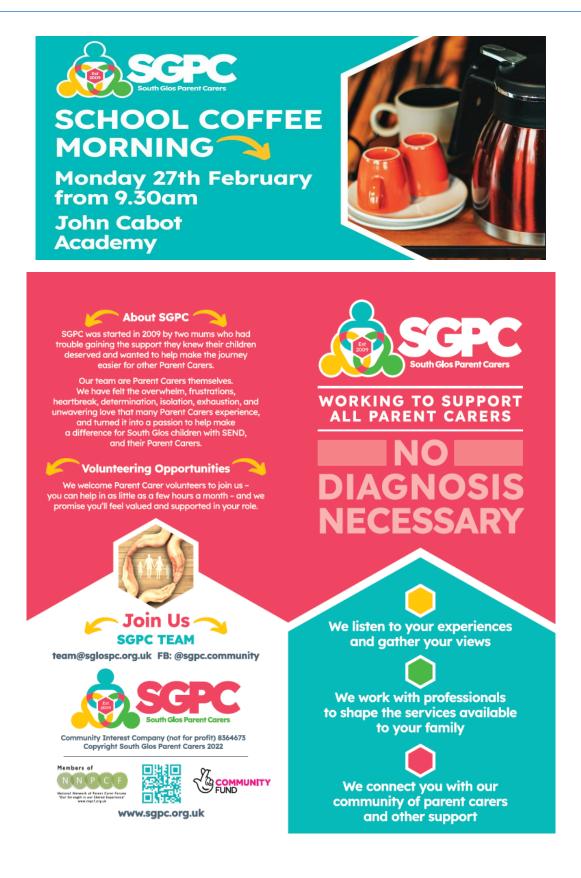
Aspens Catering have been awarded the Gold Bristol Eating Better Award which is a part of the Bristol Health Schools Awards



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SGPC School Coffee Morning







Need Some Help Navigating Parenthood?

Is your parenting journey different to that of your friends? Maybe your child received an early diagnosis. Or maybe you are seeing areas where your child is experiencing difficulties, or you are finding their behaviour a challenge to handle. This could be: In school

With friendships and peers

At home

During or after activities that should be fun
Or all of the above.

Sometimes it comes as a shock to learn that you're providing much more support to your child than your friends need to; and we don't always realise we are Parent Carers to our child, until it's pointed out.

However you found out, we're here to guide you and welcome you into our supportive community.



SGPC School Coffee Morning

