

[Click here to access the Student Navigator.](#) The student navigator page contains links to all the pages you will need if you are learning from home.

[Click here to access a guide to INSIGHT,](#) our student information system.

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Key Dates

10 th – 30 th January	Year 10 Mock Exams
25 th January	Year 10 Geography Field Trip (Group A)
27 th January	Year 10 Geography Field Trip (Group B)
30 th January	GCSE Music Trip to watch Bournemouth Symphony Orchestra
1 st February	Harry Potter Night
3 rd February	Anti-Bullying Workshop
6 th Feb – 3 rd March	Year 11 Mock Exams
8 th February	Year 9 Parents Evening online

10 th February	Last day of Term
20 th February	INSET Day, school closed to pupils
21 st February	First Day of Term 4

JCA Routines: Anti-Bullying

The new JCA Anti-Bullying Policy was launched in June 2022. For three years, from September 2021, we are working with the Anti-Bullying alliance to achieve their Bronze, Silver and Gold United Against Bullying awards. The policy and our practice is based on their description of best practice in anti-bullying work.

We have adopted the Anti-Bullying Alliance definition of bullying as: “The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.” Bullying can be reported by either students or parents, in person, or by email. Our policy shows how we respond to each incident of bullying.

The first step in us supporting a student is that we need to be told about the incident. After investigation by staff sometimes this is determined to be bullying and sometimes it is peer conflict.

Hurtful comments and rumour spreading are forms of bullying. If your child tells you anything in the evening, please do ask them to come and tell pastoral staff in the morning. Or you are very welcome to call / email the school yourself.

One of the key ways we continually develop our Anti-Bullying work is through our working party of students, staff and parents. We would be delighted if you came along to the next meeting on Friday 3rd February at 10:45

[Link](#) for Anti-bullying policy

If you have any questions or concerns about our anti-bullying work, please do not hesitate to get in touch.

Kate Willis
Principal

INSIGHT

Due to the INSIGHT mobile app being discontinued, it has been replaced with a web app.

The provided Instructions have been updated to reflect this change, and details how to access it. Mobile users are now directed to a phone friendly website. Laptop/ PC users are unaffected.

INSIGHT - Parents Guide 2023

Year 11 GCSE Drama

Year 11 GCSE Drama scripted exam performance is taking place on **Thursday 9th February throughout the day.**

Students come into school in uniform and bring with them any costume or props they need for their performance.

Any questions please contact Mrs Emily Grainger-Trott on emily.grainger@clf.uk

Emily Grainger-Trott

Drama Teacher

JCA Winter Concert

JCA Winter Concert 2022, is now available to watch on YouTube using the following link:

<https://www.youtube.com/watch?v=x4iNNpzRtAo&t=26s>

It features outstanding performances from students in Year 7 to Year 11.

Our next Music event will be happening later this term, more details to follow.

Thanks for your continued support at our events

Thanks

Charlotte Grierson

Curriculum Leader for Performing Arts

Year 9 Options Evening

For any year 9 parents who were not able to attend the Year 9 Options Evening on the 18th January, Ms Massey will be putting voice notes on the presentation slides in the next week, and then these will be available on the website soon.

If you have any questions regarding the Options, you can email JCAinfo@clf.uk

Online Safety – A Guide to Online Safety and Gaming

As a new generation of young people arrive onto using multiplayer games and the internet in general this new year, it is more important than ever to make your pupils aware of how to stay safe online.

The SWGfL has published a pamphlet on how to best keep safe whilst using online software and games. With advice on reporting and blocking, online socialization and the considerations on online gaming, the pamphlet can be a useful resource for any teaching staff, giving lessons on the topic.



Online Safety & Gaming

Gaming refers to playing electronic games, whether through consoles, computers, tablets, smartphones or other devices. Gaming remains one of the most popular forms of entertainment, attracting a wide range of age groups from all across the world. Gaming is always looking to develop, often improving on graphical features, accessibility and user engagement as years go by.



Unlike many other forms of media, gaming brings a sense of challenge to the player. Usually there is a degree of skill involved that players need to develop in order to progress. Depending on the type of game, it can also offer players a platform where they can be imaginative and explore their own creativity.



Some games have rich storylines and characters that are engaging and memorable. Many players also use it as an opportunity to compete and socialise with other users whether it be in person or online. More often than not though, people game, because it is fun!

Benefits of Gaming

- 1** Can develop critical and creative skills
- 2** Can bring educational benefit and awareness
- 3** Is available to most audiences and family members
- 4** Is an easy and accessible way to socialise with others



Considerations for Gaming

- 1** Have awareness of appropriate age restrictions
- 2** Parental awareness around purchasing
- 3** Active discussions around socialising safely
- 4** Reporting harmful or offensive content online

Socialising Online

A staple of gaming is the community that surrounds it. Groups and audiences can gather around a specific game, character or theme to build specific fan bases that can interact with each other. Young people may like to socialise online because:

- 1 It gives them a platform to be with friends outside of school
- 2 There is usually a competitive element at play, which can feel rewarding
- 3 It can build confidence and social skills which may not be attainable physically
- 4 It gives opportunity to young people who have difficulty socialising with friends and others



Reporting and Blocking

Gaming communities can range from supportive and educational, to toxic and harmful. In some instances, it can even lead towards more radical content being promoted. When faced with something or someone being harmful online, make sure young people know how to:

- 1 Report the player or piece of content
- 2 Mute or block the player
- 3 Manage their privacy settings or communication options
- 4 Speak with a trusted adult for support



To find out more about Gaming visit the SWGFL hub:
swgfl.org.uk/topics/gaming/

or scan the QR code



Further Support

Professionals Online Safety Helpline: saferinternet.org.uk/professionals-online-safety-helpline

Harmful Sexual Behaviour Support Service: swgfl.org.uk/harmful-sexual-behaviour-support-service/

Report Harmful Content:
reportharmfulcontent.com



Post 16 Open Evening

Booking for the open evening can be made here

<https://www.eventbrite.co.uk/e/clf-post-16-open-evening-tickets-514757261827>



P16 CABOT
LEARNING
FEDERATION

**Your future
starts here...**



CLF Post 16

Open Evening

Thursday 9th February, 4:30-6:30pm

- ✓ Find out more about the Post 16 experience
- ✓ Explore our courses
- ✓ Meet the teachers
- ✓ Take a tour
- ✓ See what CLF Post 16 can offer you!

Booking essential

www.eventbrite.co.uk/e/clf-post-16-open-evening-tickets-514757261827



www.post16.clf.uk

Woodside Road, Kingswood, Bristol, BS15 8BD



Flu Catch Up Clinics



Flu vaccines still available



For children in
Reception to
Year 9

If your child is in Reception to Year 9 It is not too late for your child to receive their Flu vaccine.

Community clinics are still running offering both nasal flu and the injectable (gelatine free) vaccines and can be booked at imms.sirona-cic.org.uk/flu/2022/bookflu or by calling **0300 124 5515** or emailing sirona.sch-imms@nhs.net



Service provided by
 **Sirona**
care & health

Creative Youth Network

Creative Youth Network have lots of exciting opportunities and updates to share with you. Check out what's on this term, explore our Creative Courses, get tickets for our upcoming events and view our latest online exhibitions!

Spring Creative Courses 🎨

Start off the New Year by learning a new creative skill! From Music to 3D art, you can learn from industry professionals and achieve an Art award. The Creative Courses are FREE and take place every academic term in our youth clubs across the city. The next term is in Spring, between 18th January - 29th March 2023. You can sign up for any of our courses

<https://www.creativeyouthnetwork.org.uk/Pages/Category/creative-courses>

Rising Talent Gig Night with Access Creative 🎤

Check out Bristol's rising stars! Performing... Indie, Rock, Rap, DnB Vocals, Soul Vocals. *Public event, open to all ages (adults too!)*

Date: Friday 26th January

Time: Doors will open at 6:00 pm with the show starting at 7:00 pm.

Place: The Station (Engine Room)

<https://www.headfirstbristol.co.uk/whats-on/the-station/thu-26-jan-rising-talent-gig-night-84305>

Ryan Convery-Moroney | Exhibition 2023 🖼️

This month's exhibition is a solo show by Ryan Convery-Moroney who's a young photographer who we've had the pleasure of having on Creative Futures before.

"This body of work is dedicated to documenting my time spent working at a traditionally trading, cash-only, uncomputerised greengrocers in the heart of Britain's longest independent shopping street of Gloucester Road. Pawsons has remained largely unchanged since the 60s and has truly stood the test of time."

—Ryan

12th Jan - 10th Feb – Open to the public Mon - Sat

<https://www.creativeyouthnetwork.org.uk/ryan-convery-moroney-exhibition-2023>

St Peters Hospice – The Rugby March is Back



Come and join us on **Sunday 12 March 2023** and complete a six mile sponsored walk through Bristol's scenic surroundings. Reach the finish line at Ashton Gate Stadium to watch **Bristol Bears vs Harlequins** and soak up the atmosphere with the rest of the fans.

This is a great opportunity to gather your friends, family and colleagues for a perfect Sunday, all while raising funds for St Peter's Hospice to support patient care across Bristol.

The sponsored walk will start at 11:30am, then the exciting live match kicks off at 3pm.

Entry is **£30** which includes your match ticket and covers the cost of running the event, so all the money that you raise or donate in addition will go towards making a difference for local families.

To find out more about the event and to sign up, click the link below.

<https://www.stpetershospice.org/support-us/join-our-events/the-rugby-march/>

Sensory Packs

Caudwell children's charity are taking applications for their 'Get Sensory Packs' for CYP aged 0-18 years. Link below to the eligibility criteria and application.

https://getsensorypacks.com/?_ga=2.249828230.1295567908.1662969072-950716424.1662969072

Tracy Jones

Trust Inclusion Lead



All children, all backgrounds, all succeeding

Email: tracy.jones@venturerstrust.org

Work mobile: 07796781885

Gatehouse Avenue, Bristol, BS13 9AJ

ADHD Workshop



South Glos Parent Carers have booked an ADHD workshop for 31st January. And to join this, please register via the below link

https://www.eventbrite.com/e/adhd-online-workshop-for-parent-carers-tickets-478145264357?aff=odcleoeventsincollection&keep_tld=1

Best Wishes,

Caz LeRoy (she/her)

Peer Support Co-ordinator

Caz.Leroy@sglospc.org.uk