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Key Dates

13 th December	Winter Concert
14 th December	Year 7 Panto Trip
15 th December	Christmas Lunch Tuck Shop – this is cash only
16 th December	Last Day of Term – Years 7 and 11 finish 12:10 Year 9 finish 12:30 Years 8 & 10 finish 12:40
3 rd January	INSET Day – School Closed to Pupils
4 th January	First Day Back for Term 3 Nasal Flu Vaccinations

Strep A and Scarlet Fever

Signs and symptoms of scarlet fever

Scarlet fever is a common childhood infection caused by *Streptococcus pyogenes*, or group A Streptococcus (GAS). It is not usually serious, but should be treated with antibiotics to reduce the risk of complications (such as pneumonia) and spread to others. The early symptoms of scarlet fever include sore throat, headache, fever, nausea and vomiting. After 12 to 48 hours, the characteristic red, pinhead rash develops, typically first appearing on the chest and stomach, then rapidly spreading to other parts of the body, and giving the skin a sandpaper-like texture. The scarlet rash may be harder to spot on darker skin, although the 'sandpaper' feel should be present. Patients typically have flushed cheeks and be pale around the mouth. This may be accompanied by a bright red 'strawberry' tongue.

If you think you, or your child, might have scarlet fever:

- contact your GP or NHS 111 as soon as possible
- make sure that you or your child take(s) the full course of any antibiotics prescribed. Although you or your child will feel better soon after starting the course of antibiotics, you must complete the course to ensure that you do not carry the bacteria in your throat after you have recovered
- stay at home, away from nursery, school or work for at least 24 hours after starting the antibiotic treatment, to avoid spreading the infection

You can help stop the spread of infection through frequent hand washing and by not sharing eating utensils, clothes, bedding and towels. All contaminated tissues should be disposed of immediately.

Invasive Group A Strep (iGAS)

The same bacteria which cause scarlet fever can also cause a range of other types of infection such as skin infections (impetigo) and sore throat. In very rare cases, the bacteria can get into the bloodstream and cause an illness called invasive group A strep (iGAS). Whilst still very uncommon, there has been an increase in iGAS cases this year, particularly in children under 10 years old. It is very rare for children with scarlet fever to develop iGAS infection.

As a parent, you should trust your own judgement.

Contact NHS 111 or your GP if:

- your child is getting worse
- your child is feeding or eating much less than normal
- your child has had a dry nappy for 12 hours or more or shows other signs of dehydration
- your baby is under 3 months and has a temperature of 38C, or is older than 3 months and has a temperature of 39C or higher
- your baby feels hotter than usual when you touch their back or chest, or feels sweaty
- your child is very tired or irritable

Call 999 or go to A&E if:

- your child is having difficulty breathing – you may notice grunting noises or their tummy sucking under their ribs
- there are pauses when your child breathes
- your child's skin, tongue or lips are blue
- your child is floppy and will not wake up or stay awake

Stop the spread

During periods of high incidence of scarlet fever, there may also be an increase in outbreaks in schools, nurseries and other childcare settings. Children and adults with suspected scarlet fever should stay off nursery / school / work until **24 hours** after the start of appropriate antibiotic treatment. Good hygiene

practice such as hand washing remains the most important step in preventing and controlling spread of infection




Should I keep my child off school?



Yes

	Until...
Chickenpox	at least 5 days from the onset of the rash and until all blisters have crusted over
Diarrhoea and Vomiting	48 hours after their last episode
Cold and Flu-like illness (including COVID-19)	they no longer have a high temperature and feel well enough to attend. Follow the national guidance if they've tested positive for COVID-19.
Impetigo	their sores have crusted and healed, or 48 hours after they started antibiotics
Measles	4 days after the rash first appeared
Mumps	5 days after the swelling started
Scabies	they've had their first treatment
Scarlet Fever	24 hours after they started taking antibiotics
Whooping Cough	48 hours after they started taking antibiotics

No

but make sure you let their school or nursery know about...

Hand, foot and mouth	Glandular fever
Head lice	Tonsillitis
Threadworms	Slapped cheek



SCAN ME

Advice and guidance
To find out more, search for **health protection in schools** or scan the QR code or visit <https://qrco.de/minfec>.

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Student Absence and Covid Guidance

If a child tests positive for Covid 19 they should follow the current NHS guidance

<https://www.gov.uk/guidance/people-with-symptoms-of-a-respiratory-infection-including-covid-19#Children> which states:

“If a child or young person has a positive COVID-19 test result they should try to stay at home and avoid contact with other people for 3 days after the day they took the test, if they can. After 3 days, if they feel well and do not have a high temperature, the risk of passing the infection on to others is much lower. This is because children and young people tend to be infectious to other people for less time than adults.”

However, the guidance also clearly states: **“It is not recommended that children and young people are tested for COVID-19 unless directed to by a health professional.”**

And: “Children and young people who usually go to school, college or childcare and who live with someone who has a positive COVID-19 test result should continue to attend as normal.”

Art Competition

This term at JCA the Creative Design department ran an exciting competition for all students based on the theme 'Winter'. Students were given creative freedom to use a range of media and technique. The entries were fantastic! Receiving entries in Art, Textiles and Photography as well as graphical drawing. Well done to all of those involved.









United Against Bullying Survey

Thank you to everyone who has given consent for their child to complete the United Against Bullying Survey.

If you have not done this yet, please can you either click on the below link, or email JCAinfo@clf.uk with your child's name, date of birth and tutor

[United Against Bullying Consent](#)

Thanks

Richard Cormack
Assistant Principal

Christmas Jumper and Casual Dress Day

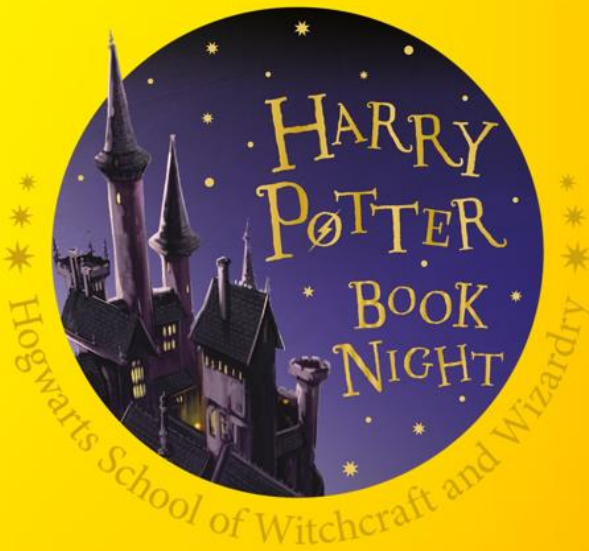
Thank you to everyone who joined in the Christmas Jumper day, we raised over £400 for Save The Children and we loved seeing all the amazing jumpers






Harry Potter Event

SAVE THE DATE
February 1st 2023



Sign-up begins January 2023





HARRY POTTER ART COMPETITION

In the run up to Harry Potter Book Night on 1st February 2023 the Library is running an art competition. This year's book night will feature *The Prisoner of Azkaban*. Your challenge is to summon up a spellbinding piece of original artwork featuring your own personal Patronus. This can be any animal, real or magical, but should feature the silvery blue glow typical of the Patronus Charm. Your artwork must be completed and handed in to Mrs Harnell in the Library by 11th January 2023.



Holiday Activities & Food Clubs



**Holiday activities and food clubs funded by the
Department for Education: winter 2022**

We are offering holiday activities and food clubs for children aged 5 to 16 years who live in South Gloucestershire. Funded by the Department for Education (DfE).

The activities and food clubs will run in the winter holiday - mainly between 19 and 23 December 2022 but check individual club details.

Places are free for children who get benefits-related free school meals (not universal infant free school meals).

For any other queries about whether your child may be eligible for a free place, contact the activity and club providers direct or email HAF@southglos.gov.uk.

Depending on the activity, you may also be able to pay for your child to attend if they do not get free school meals.

Children attending that get benefits-related free school meals will be given a free lunch.

Activity and club safety

The providers have experience of running holiday activities for children and young people and have the appropriate indemnity insurance for their activities.

Their staff and volunteers have been Disclosure and Barring Service (DBS) checked.

For general enquiries around any providers of the holiday activities and food programme email HAF@southglos.gov.uk

Food vouchers

Each child (in a South Gloucestershire School) on free school meals will be given a £30 supermarket e-voucher via their school. This will happen before the end of term to support children throughout the winter holiday.

If you have any questions about free school meals in term-time or during holidays, contact your child's school.

Other things that can help

If you are struggling financially this winter, we are here to help.

You may be entitled to our grants, benefits and other support including help with energy and food costs, as well as long-term financial support and the government help available.

If you would like to talk to someone and check what support you may be eligible for, visit one of our One Stop Shops in Kingswood, Patchway or Yate or

email OSSAppointments@southglos.gov.uk to book an appointment. Our customer care officers will speak to you in confidence. Further information is available at www.southglos.gov.uk/costofliving.

You can also call our freephone helpline 0800 953 7778 (open 8.45am to 5pm Monday to Thursday and 8.45am to 4.30pm Friday).

The council is also supporting a network of Community Welcome Spaces. These warm spaces offer a friendly welcome and are free to use. They are often located in a community centre or a town or village hall. Some offer hot drinks, activities and facilities plus information on local financial support available, energy saving tips and government cost of living help. Find your nearest community welcome space at www.southglos.gov.uk/community-welcome-spaces or ask at your nearest One Stop Shop.

Caring in Bristol Collection

At JCA we are once again collecting for homeless people in Bristol to support them over the Christmas period. Anything you can contribute from the lists below would be greatly appreciated. Please bring your donations to the Reception. All donations will be taken to the Caring in Bristol team at the end of term.

Food Donation List



- Instant coffee, tea, squash
- Long-life juice
- Crisps (multipack)
- Soft drinks (multipack)
- Chocolate bars (multipack)
- Confectionary (multipack)
- Biscuits (multipack)
- Rice and pasta
- Jams, peanut butter, chocolate spread, marmite
- Cereal (the more sugary the better)
- Condiments (ketchup, mayo)
- Sandwich pickle
- Tinned meat
- Long-life milk
- Mince pies

Clothing + Toiletries Donation List



- Warm good quality winter clothing
- New underwear + socks
- Jumpers, coats (especially waterproofs)
- Rucksacks and bags
- Trainers + boots
- T-shirts
- Sleeping bags + blankets (no duvets)
- Toiletries (toothbrush, toothpaste, non-aerosol deodorants)
- Laundry powder
- Arts + Crafts supplies

Thank you for your help.

DofE Fundraising

Our DofE students have made Apple and Sultana Chutney which are being sold at £2.50 per small jar, or £5.00 per large jar, as part of their fundraising efforts

These can be purchased in cash from reception



Apple and Sultana Chutney

Made by the DofE Students

£2.50 for a small jar
£5.00 for a large jar

New Social Club for 11-18 Year Olds with SEN



SOCIAL CLUB

16th December 2022, 20th January 2023,
17th February 2023 (all 7-9pm)
and then third Friday of every month

Funded by South Glos. Council Short Breaks
service (formerly run by Kids) for 11-18 year olds

To be held at:
FACE, Youth Centre, Elm Park, Filton, BS34 7PS
Contact: emma@facecharity.org.uk or 0117 9691938



FACE
FOUNDATION FOR ACTIVE
COMMUNITY ENGAGEMENT
REGISTERED CHARITY NO. 1156904

Christmas Singing Day



WEST OF ENGLAND
MUSIC
ALLIANCE



**Christmas
Singing Day**

for 7-13 year olds



**Come and join us for a
day of singing and fun
including a sharing to
family and friends.**



21st December 2022

10am - 3pm

**Little Stoke Primary School
Little Stoke Lane
Bristol
BS34 6HY**

Sign up here: bit.ly/christmasing22



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**ARTS COUNCIL
ENGLAND**