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### *Key Dates*

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8 <sup>th</sup> December	Dance Show
9 <sup>th</sup> December	Christmas Jumper and Casual Dress Day – Please bring £1 for Save the Children
10 <sup>th</sup> December	Festive Choir Performances at Kings Chase Shopping Centre
13 <sup>th</sup> December	Winter Concert
14 <sup>th</sup> December	Year 7 Panto Trip
15 <sup>th</sup> December	Christmas Lunch Tuck Shop
16 <sup>th</sup> December	Last Day of Term
3 <sup>rd</sup> January	INSET Day – School Closed to Pupils
4 <sup>th</sup> January	First Day Back for Term 3

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### *JCA Routines – Anti-Bullying Policy*

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The new JCA Anti-Bullying Policy, linked below, was launched in June 2022. Over a three-year period, from September 2021, we have committed to and are working with the Anti-Bullying alliance to achieve their Bronze, Silver and Gold United Against Bullying awards. Both the policy and our practice are based on their description of best practice in anti-bullying work.

The Anti-Bullying Alliance were so impressed with our engagement, that they invited JCA (and only 1 other school) to be part of their national “Reach Out” campaign for Anti-Bullying week in November 2022. Our students wrote and starred in their film, which we then used as a key resource for our anti-bullying education in Safety Day on 17<sup>th</sup> November. Two of our students were then invited by the Anti-Bullying alliance to visit the House of Lords in London to speak about their role in this campaign. Please read about it here:

<https://johncabotacademy.clf.uk/news/>

We have adopted the Anti-Bullying Alliance definition of bullying as: “The repetitive, intentional hurting of one person or group by another person or group, where the relationship involves an imbalance of power. It can happen face to face or online.”. Bullying can be reported by either students or parents, in person, or by email. Our policy shows how we respond to each incident of bullying.

Since its launch, we have been rolling out the new policy to students. Please do ask them about the different roles that students can play in a bullying incident (e.g. ringleader, re-inforcer, assistant), this language has been particularly powerful.

[Link](#) for Anti-bullying policy.

One of the key ways we continually develop our Anti-Bullying work is through our working party of students, staff and parents. We would be delighted if you came along to the next meeting 9<sup>th</sup> December at 10:45. To join this group, please contact [JCAInfo@clf.uk](mailto:JCAInfo@clf.uk)

If you have any questions or concerns about our anti-bullying work, please do not hesitate to get in touch.

Kate Willis  
**Principal**

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*Holiday Activities and Food (HAF) Programme*

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## **Holiday activities and food clubs funded by the Department for Education: winter 2022**

We are offering holiday activities and food clubs for children aged 5 to 16 years who live in South Gloucestershire. Funded by the Department for Education (DfE).

The activities and food clubs will run in the winter holiday - mainly between 19 and 23 December 2022 but check individual club details.

**Places are free for children who get benefits-related free school meals (not universal infant free school meals).**

For any other queries about whether your child may be eligible for a free place, contact the activity and club providers direct or email [HAF@southglos.gov.uk](mailto:HAF@southglos.gov.uk).

Depending on the activity, you may also be able to pay for your child to attend if they do not get free school meals.

Children attending that get benefits-related free school meals will be given a free lunch.

### **Activity and club safety**

The providers have experience of running holiday activities for children and young people and have the appropriate indemnity insurance for their activities.

Their staff and volunteers have been Disclosure and Barring Service (DBS) checked.

For general enquiries around any providers of the holiday activities and food programme email [HAF@southglos.gov.uk](mailto:HAF@southglos.gov.uk).

### **Food vouchers**

Each child (in a South Gloucestershire School) on free school meals will be given a £30 supermarket e-voucher via their school. This will happen before the end of term to support children throughout the winter holiday.

If you have any questions about free school meals in term-time or during holidays, contact your child's school.

## Other things that can help

If you are struggling financially this winter, we are here to help.

You may be entitled to our grants, benefits and other support including help with energy and food costs, as well as long-term financial support and the government help available.

If you would like to talk to someone and check what support you may be eligible for, visit one of our One Stop Shops in Kingswood, Patchway or Yate or email [OSSAppointments@southglos.gov.uk](mailto:OSSAppointments@southglos.gov.uk) to book an appointment. Our customer care officers will speak to you in confidence. Further information is available at [www.southglos.gov.uk/costofliving](http://www.southglos.gov.uk/costofliving).

You can also call our freephone helpline 0800 953 7778 (open 8.45am to 5pm Monday to Thursday and 8.45am to 4.30pm Friday).

The council is also supporting a network of Community Welcome Spaces. These warm spaces offer a friendly welcome and are free to use. They are often located in a community centre or a town or village hall. Some offer hot drinks, activities and facilities plus information on local financial support available, energy saving tips and government cost of living help. Find your nearest community welcome space at [www.southglos.gov.uk/community-welcome-spaces](http://www.southglos.gov.uk/community-welcome-spaces) or ask at your nearest One Stop Shop.

*Christmas Singing Day*



WEST OF ENGLAND  
**MUSIC**  
ALLIANCE



**£10**

# **Christmas Singing Day**

**for 7-13 year olds**



**Come and join us for a  
day of singing and fun  
including a sharing to  
family and friends.**



**21st December 2022**

**10am - 3pm**

**Little Stoke Primary School**

**Little Stoke Lane**

**Bristol**

**BS34 6HY**

**Sign up here: [bit.ly/christmasing22](https://bit.ly/christmasing22)**



Supported using public funding by



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### *Upcoming Course – A 360 Approach to Sensory Needs*

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I wanted to give you the first notice that our next session with Integra is now available for your school staff and parents to sign up to – A 360 Approach to Sensory Needs. It is included as part of the Outreach 360 Project. The session is on 9<sup>th</sup> January, but I wanted to give schools chance to get booked on before all the Christmas events start. Please note, Integra have had a change of policy regarding recording sessions, so we are not allowed to record any of the future sessions. We have made 70 spaces available so we hope as many parents and staff can attend as possible.

<https://www.eventbrite.co.uk/e/a-360-approach-to-sensory-needs-tickets-472539718017?aff=ebsdoporgprofile>

We do also have some spaces left on our parent's course next month for ADHD which may be of interest:

<https://www.eventbrite.co.uk/e/adhd-online-workshop-for-parent-carers-tickets-446035583437?aff=odcleoeventsincollection>



Kind regards,

**Caz LeRoy** (She/Her)  
Peer Support Coordinator

South Glos Parents & Carers  
<https://www.sglospc.org.uk/>

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### *Online Safety Workshops for Parents & Carers*

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## **FREE NSPCC Online Safety Workshops for Parents & Carers**



The NSPCC is running a series of free **Online Safety Workshops for Parents & Carers** from November to February on Zoom.

The workshops are 1 hour and will help parents and carers to find out about:

- What children and young people are doing online
- Parental concerns
- What the risks are for young people in terms of what they see, do, and who they meet online
- How to manage these risks as a parent/carer
- Sources of help and support

Each workshop will also focus on a combination of the following topics:

- Gaming
- Social Media
- Online Bullying
- Parental controls
- Mental health and well being
- Modelling good behaviour
- Online challenges, hoaxes and scams
- Persuasive design and screen time vs screen use

For more information and to request joining details please email [parentworkshops@nspcc.org.uk](mailto:parentworkshops@nspcc.org.uk)

Date	Time	Content
Monday 28 Nov	7-8pm	Core content + Online challenges, hoaxes and scams + persuasive design + modelling good behaviour
Monday Dec	5-7pm	Core content + social media + gaming + online bullying + parental controls
Tuesday 13 Dec	7-8pm	Core content + gaming + online challenges, hoaxes and scams + parental controls
		<b>TERM 3</b>
12 Jan	4-5pm	Core content + grooming + social media + role model behaviour
18 Jan	7-8pm	Core + Gaming + Social + Online Bullying + Parental Controls
24 Jan	7-8pm	Core + social media + online friendships + modelling good behaviour + mental health
31 Jan	5-6pm	Core + online challenges hoaxes and scams + persuasive device and screen time vs screen use + parental controls
7th Feb	4-5pm	Safer Internet Day content
13 Feb	7-8pm	TBC
22 Feb	5-6pm	Online bullying, social media, modelling good behaviour
28 Feb	7-8pm	TBC

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*New Social Club for 11-18 Year Olds with SEN*

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**SOCIAL  
CLUB**

16th December 2022, 20th January 2023,  
17th February 2023 (all 7 - 9pm)  
and then third Friday of every month

Funded by South Glos. Council Short Breaks  
service (formerly run by Kids) for 11 - 18 year olds

To be held at:  
FACE, Youth Centre, Elm Park, Filton, BS34 7PS  
Contact: [emma@facecharity.org.uk](mailto:emma@facecharity.org.uk) or 0117 9691938



**FACE**  
FOUNDATION FOR ACTIVE  
COMMUNITY ENGAGEMENT  
REGISTERED CHARITY NO. 1156904