



Click here to access the Student Navigator. The student navigator page contains links to all the

<u>Click here to access a guide to INSIGHT</u>, our student information system.

pages you will need if you are learning from home.

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## **Key Dates**

31st October	Start of Term 2
31st Oct – 11th Nov	Year 11 Mock Exams
23 <sup>rd</sup> November	Year 8 Parents Evening
8 <sup>th</sup> December	Dance Show
9 <sup>th</sup> December	Christmas Jumper Day
10 <sup>th</sup> December	Kings Chase Festive Singing
13 <sup>th</sup> December	Winter Concert
14 <sup>th</sup> December	Christmas Lunch Year 7 Panto Trip
16 <sup>th</sup> December	Last Day of Term
3 <sup>rd</sup> January	INSET Day – School Closed to Pupils
4 <sup>th</sup> January	First Day Back for Term 3



## Routine Uniforms

Welcome back after the October half term. We have lots to focus on, including key assessments in all year groups, as we enter the new term and want to remind our students that they look really smart when they are fully dressed in our uniform. Please be aware that outer layers must be removed as students enter the school building. This allows our students to feel the benefit of their outer layers when they next step outside and helps their body regulate temperature more easily, which supports their health and well-being as well as maintain our high expectations of each other.

Students not in uniform will be asked to return home and collect what's missing, borrow our own supply or will need to be in our SLR until it is resolved.

Please be aware we have our second hand shop with clothing available; contact reception for more details.

Gemma Read **Vice Principal** 

#### School Nurse

Dear All,

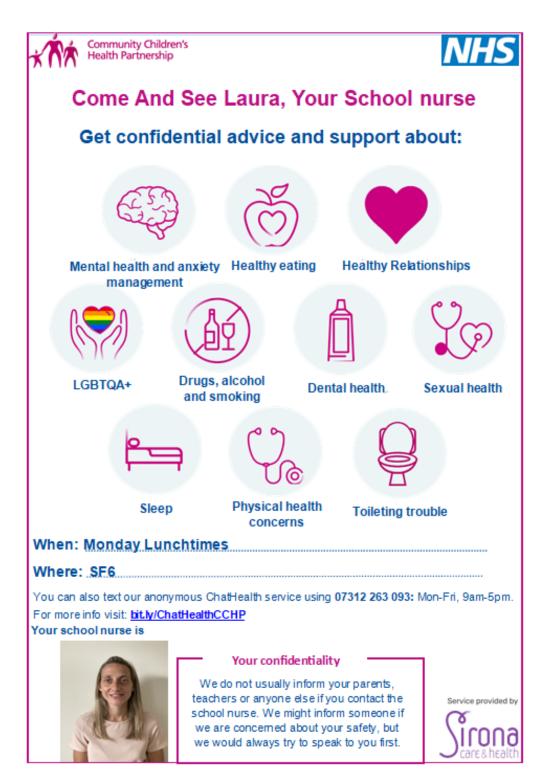
I am incredibly sorry, a decision has been made by the senior members of the school nursing team, a little while ago that we can no longer offer a service that is appointment based and that lasts for a 2 hour slot.

I am only now allowed to offer a non-appointment service during the time that the pupils have their lunch on a Monday. I am very sorry and myself most frustrated by this decision, as I feel that at JCA the appointment system and time allocated at the moment is much needed and works so well. A report is being put together to allow us to be able to offer the appointment service and a drop in model in all schools again but this needs to be approved and then can be rolled out in all schools, hopefully at the start of the next academic year or sooner possibly.

I would like to reassure you that this doesn't mean that you cannot refer children to me and ask them to come and see me, hopefully as a school you can work out how you would give those young people the timings.

Best wishes, Laura Johnson School Health Nurse Community Children's Health Partnership Sirona care & health Alma Road Kingswood









#### School Nursing Webinars for Parents and Carers



# Published on Community Children's Health Partnership (https://cchp.nhs.uk)

Practical and informative online sessions from your expert team of local School Health Nurses.

Our webinars lasts between 30 and 45 minutes, with the opportunity to ask questions throughout. They're suitable for parents and carers of children and young people of all ages.

#### Keeping your child happy and healthy

For families who would like ideas to create and sustain a healthy lifestyle for the whole family. This webinar looks at diet and healthy eating, exercise, sleep, and emotional wellbeing.

Book session: 19 October 2022, 10:00-11:00 Book session: 18 November 2022, 10:30-11:30 Book session: 15 December 2022, 10:30-11:30



#### Healthy eating and physical activity

Find out how to maintain a healthy lifestyle, with advice on diet and exercise.

Book session: 20 October 2022, 13:30-14:30 Book session: 24 November 2022, 10:00-11:00 Book session: 12 December 2022, 10:00-11:00

#### **Emotional wellbeing**

This presentation explores anxiety, low mood, self-harm and eating difficulties and provides parents and carers with strategies and information to build resilience and empathetic listening for children and young people.

Book session: 8 November 2022, 9:30-10:30 Book session: 7 December 2022, 13:00-14:00

#### Eating disorder awareness

This webinar looks at behavioural, physical, and psychological signs of eating disorders including restrictive eating, emotional eating and binge eating. It includes information on where to get advice and support.

Book session: 19 October 2022, 9:30-10:30 Book session: 29 November 2022, 13:00-14:00

#### Sleep

This webinar will provide you with hints and tips to help improve the duration and quality of your child's sleep.

Book session: 21 October 2022, 10:00-11:30 Book session: 22 November 2022, 12:00-13:30 Book session: 14 December 2022, 10:30-12:00

#### Dental health

Our School Health Nursing Team will give you advice on tooth brushing and foods that may cause tooth decay.

Book session: 15 November 2022, 10:30-11:30 Book session: 1 February 2023, 13:30-14:30





#### Clubs Term 2



## **SPORTS CLUBS TERM 2**

Year	Mon	Tue	Wed	Thu	Fri
Year 7	Netball Rugby	Fitness Suite Girls Football Boys Football		Basketball* Dance	
Year 8	Netball Rugby	Fitness Suite Girls Football Boys Football		Basketball* Dance	
Year 9	Netball Rugby	Fitness Suite Girls Football Boys Football		Basketball* Dance	
Year 10	Netball Rugby	Fitness Suite Girls Football Boys Football	Sport Science	Dance	
Year 11	Netball Rugby Sport Science	Fitness Suite Girls Football		H&S care Dance	

Note: Please meet for clubs outside the Sports hall.
Unless stated, clubs are boys and girl
All sports hall based clubs will start in week 3.

\* For Basketball club, please sign up due to limited spaces.

The sign-up sheet will be in the PE office.







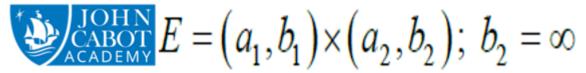
# Student Leadership Clubs Term 2

Year	Mon	Tue	Wed	Thu	Fri
Year 7				LGBT+ Group Race Equalities Group	Year7 Student Council (Tutor Time)
Year 8				LGBT+ Group Race Equalities Group	
Year 9				LGBT+ Group Race Equalities Group	
Year 10				LGBT+ Group Race Equalities Group	Year 10 student council (Tutor Time)
Year 11				LGBT+ Group Race Equalities Group	Year 11 Student Council (Tutor Time)









# **Academic Clubs Term 2**

Year	Mon	Tue	Wed	Thu	Fri
Year 7					
Year 8			Art Club		
Year 9		KS4 Art Club			
Year 10		KS4 Art Club		GCSE Drama Coursework	
Year 11	GCSE Drama Coursework GCSE Geography	KS4 Art Club GCSE Further Maths GCSE Statistics English Revision		GCSE Drama Coursework GCSE Music Coursework GCSE Maths GCSE Further Maths GCSE Geography	

The library is open Mon-Wed 8:20 – 8:40, break, lunch and after school until 4:30pm.

CG3 is open as a revision/study space for years 10 & 11 every lunch.







# Performing Arts & Other Clubs Term 2

Year	Mon	Tue	Wed	Thu	Fri
Year 7	Choir Dungeons & Dragons Club	School Production Warhammer Club		Drama Club	Choir
Year 8	Choir Dungeons & Dragons Club	School Production Warhammer Club		Drama Club	Choir
Year 9		School Production Warhammer Club			Choir
Year 10	Choir Dungeons & Dragons Club	School Production Warhammer Club			Choir
Year 11	Choir Dungeons & Dragons Club	School Production Warhammer Club			Choir







@johncabotnews • JCAinfo@clf.uk

#### South Glos Education Awards Evening

We were thrilled to celebrate with Thomas Joel, Year 11, at the South Glos Education Awards Evening. The Educational Awards celebrated the achievements of students across South Gloucestershire that have shown either resilience or innovation over the last two years in what has been a challenging time for everyone. Hosted at the Bristol Aerospace museum, we got to hear the guest speakers whilst sitting underneath Concorde.

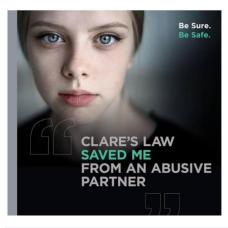
#### Well done Tom!





#### Clare's Law

#### Clare's Law



Do you know about the Domestic Abuse Disclosure Scheme? Would you know how to help someone access this and could you support someone to find out about the abusive past of a partner?

Clare's Law is a National Police Policy giving people the right to know if their current or ex-partner has any previous history of violence or abuse.

#### All the information is available here

You can contact the police on 101 to ask for a Clare's Law Disclosure – anyone can call if they are worried.

Avon and Somerset Police have information about the scheme here

Clare's Law (clares-law.com)





#### We are Hiring





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