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Key Dates

27 th September	Year 11 Parents Evening – In person not online Academy Council
3 rd October	UKMT Senior Maths Netball and Football Tour Parents Evening
5 th October	Nasal Flu Immunization (years 7 – 11)
9 th - 18 th October	Year 11 Mock Exams
12 th October	Anti-Bullying Working Group
17 th October	Acoustic Night
18 th October	Year 7 Meet the Tutor Evening
19 th October	CLF INSET Day – School Closed to Pupils
20 th October	CLF INSET Day – School Closed to Pupils
23 rd – 27 th October	Half Term – School Closed

30th October

First Day Back of Term 2

JCA Routines – Punctuality and Registers

Our community has made a very positive start, settling into Term 1 confidently together. Over the next week, we are focusing on our corridor behaviours, ensuring that we are all safe, calm and respectful of each other at all times. Our staff are on doors welcoming students into lessons to support punctuality and registers. If your child is in the corridor in lesson time, they can expect to be spoken to by every member of staff they meet; unless your child has a toilet pass or time out card supplied by us, they will not be allowed out of lessons for any reason.

<p>Routine 3: Punctuality & Registers</p>	<p>Period 1 to Tutor Time <i>Less than 5 minutes late</i> Take register within 5 minutes. Mark L in register with minutes late.</p> <p><i>More than 5 minutes late</i> Send to SLR* Update register with a 1 Call home <i>*Unless they have a note on paper/Bromcom</i></p>
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Gemma Read
Vice Principal

RAAC

I am sure you will have seen recent news coverage of temporary school closures across England due to the discovery of unsafe building materials. While we understand this may have caused concerns about potential future disruption, I am writing to reassure you that John Cabot is not currently affected by this issue.

Pupil and staff safety is of utmost importance to everyone at our school, which means we regularly monitor our buildings and grounds to ensure they are remain good condition and fit for purpose.

As such – and in line with Department for Education (DfE) guidelines on the use of Reinforced Autoclaved Aerated Concrete (RAAC) in schools – a meticulous assessment of our site was conducted last year. This involved visual analysis, and scrutiny of building and maintenance records based on DfE guidance. I am pleased to say that this assessment confirmed that our site is currently free of the type of concrete which has given rise to these concerns.

I hope this will ease any worries you might have felt about potential future disruption to your child's learning. However, should you have any questions or require additional information, please do not hesitate to reach out to us

Kind regards

Kate Willis
Principal

Thank You

Open Evening thanks – I have asked Julie Jarrett to send some info through

Free School Meals



Free Lunch

South Gloucestershire Council
Delivering for you

BRISTOL BEARS COMMUNITY FOUNDATION

Applying for free school meals could save you up to £414 per year, per child.

You can check if you are eligible by using our online application form at: www.southglos.gov.uk/schoolmeals
For more information, speak to your child's school.

Your child could be entitled to free school meals.

You may be able to get free school meals if you receive any of the following:

- Income Support
- income-based Jobseeker's Allowance
- income-related Employment and Support Allowance
- support under Part VI of the Immigration and Asylum Act 1999
- the guaranteed element of Pension Credit
- Child Tax Credit (provided you're not also entitled to Working Tax Credit and have an annual gross income of no more than £16,190)
- Working Tax Credit run-on - paid for 4 weeks after you stop qualifying for Working Tax Credit
- Universal Credit - if you apply on or after 1 April 2018 your household income must be less than £7,400 a year (after tax and not including any benefits you get)

You can check if you are eligible by using our online application form at: www.southglos.gov.uk/schoolmeals
For more information, speak to your child's school.

The quickest way to complete your free school meal application is online.

The Contact Centre is here to help and support those who are unable to access this service or require support in their online application. Contact **01454 868008** for more information.

Your TEN Step Guide to applying for free school meals:

1. Visit www.southglos.gov.uk and click on "Apply Online" – **whether you live in Bristol, South Glos, Banes or any other local authority all applications for Free School Meals have to be applied for in this way**
2. From the list supplied **choose "Free School Meals"**
3. You will be taken to the **Home Page for Free School Meals**.
4. If you **do not already have a Citizen Portal account**, you will need to **click "Register"** and follow the instructions.
5. **If you already have a Citizen Portal account** (e.g. you have applied for a School Place in the past) **you will need to log in** by entering your Email Address or Password.
6. If you have forgotten your password you can click "Forgotten your password?" to be sent a new password
7. **Click on "Free School Meals"**
8. Scroll down the page to **"Apply for free school meals"** and follow the instructions given
9. After completing all the information, **you will be told if you are eligible** for Free School Meals or not and the claim is assigned an Application Reference. You should then **press Finish** to complete the form
10. **If you are eligible** for Free School Meals John Cabot Academy will be notified

Any further questions or if you require help with completing the online application please contact **Sharon Bracey on 0117 9763000** at John Cabot Academy.

Nasal Flu Information

The Nasal Flu vaccine is being offered to all students at school. Having the vaccine will help protect them from what can be a very nasty illness.

Consent forms have been sent to all today, but further information can be found on the following leaflet

Please do send your consent forms as soon as possible to book your child in.
<https://imms.sirona-cic.org.uk/flu/2023/consent?v=1.23>

FEARless at Avon Valley

Hi there,

I am contacting you on behalf of FEAR Scream Park, the No.1 scream park in the UK, located in Avon Valley. Perfect for younger audiences, FEAR will be offering a FEARless event, taking place on the 21st and 28th of October. We would like to share this information with pupils and parents/guardians in the local area and wanted to find out whether there is an opportunity to include this information in your school newsletter? Below, I have attached relevant information about the event:

FEARless is created for 11-15 year olds and those too scared to get their full FEAR on. FEARless offers a frightfully fun night out. This family-friendly immersive attraction lets you navigate 4 of our scare attractions which are tamed down for the evening with no major scares but a few frights along the way!

Attendees can enjoy our epic fire shows, spooky street performers, fairground rides and side stalls. There will be a licensed bar, a fun choice of mocktails, and delicious street food.

More information regarding FEARLESS can be found here:
<https://www.fearscreampark.co.uk/fearless/>

If you have any further questions, please feel free to contact me.

Kind regards,

Yasmin McDonald

Yasmin McDonald

0117 925 1358

Type 1 Diabetes

THE FATAL FOUR SYMPTOMS OF

TYPE 1 DIABETES



RECOGNISING THE SIGNS SAVES LIVES

- ◆ EXCESSIVE THIRST?
- ◆ MORE FREQUENT URINATION?
- ◆ RAPID WEIGHT LOSS?
- ◆ EXTREME TIREDNESS?



If you recognise these symptoms ask your GP for a blood sugar test immediately. Learn more at AdamBellFoundation.org.uk



UK Registered charity
(115093)

**DIABETES
BYDESIGN**

Artwork by
@DiabetesByDesign